



Ascension

Resources for Vulnerable Persons who are COVID-19 Positive or Under Investigation (PUI)

April 24, 2020

Purpose of This Update Document

To support Ascension Michigan's front-line care teams by providing a "real-time" list of essential community services and resources available during COVID-19 Positive or Under Investigation (PUI) patient/person discharge.

Note: While the original intent of this document was to support Vulnerable Persons, the resources listed can be used to support the needs of non COVID-19 patients as well as Associates and community members.

Definition of Vulnerable Persons

For the purposes of this update document, *vulnerable persons* are considered those that are: homeless (including youth), displaced, living in a group home and or adult foster care facility.

Resources by Ministry Region:

[Ascension Genesys \(Genesee County\)](#)

[Ascension Northern Ministries \(Saginaw, Arenac, and Iosco Counties\)](#)

[Ascension Southeast Ministries \(Macomb, Oakland, Wayne \[Detroit\] Counties\)](#)

[Ascension Borgess, Borgess-Lee \(Kalamazoo, Calhoun, and Cass Counties \)](#)

[Ascension Michigan Market-Wide](#)

This document will be reviewed and distributed daily. It will be updated as resources change and or become available.

Key:

UPDATED = Resource listing has changed or updated since previous day

NEW = New resource has been added since previous day

Ascension Genesys (Genesee County)

If you are aware of additional resources and or updates to the listings below, please contact **Beth Pomranky-Brady**, Community Benefit Manager (beth.pomrankybrady@ascension.org)

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| Shelters | <p><u>GENESEE COUNTY</u></p> <p>Genesee County Community Action Resource Department (as of 04/16/2020) Contact: 810-768-4675</p> <ul style="list-style-type: none"> • The neighborhood Services Center provides emergency assistance with utilities and other homeless prevention services. <p>Carriage Town Ministries (as of 04/20/2020) 705 Garland St, Flint Contact: 810-233-8787</p> <ul style="list-style-type: none"> • CTM is not-at-capacity and is welcoming residents • Carriage Town Ministries in Flint is opening a COVID-19 triage unit for the city's homeless population who may be experiencing symptoms of the virus. (20-beds are available; 10-PUI beds) <ul style="list-style-type: none"> ○ Carriage Town, in partnership with Hurley Medical Center have opened the unit at 705 Garland Street for those not ill enough to stay in the hospital, and those who have no place to go. ○ Carriage Town is also coordinating daily with both Shelter of Flint and My Brother's Keeper to ensure coverage. ○ Those who show up that are displaying symptoms, but haven't received test results yet will be able to stay in a separate room away from those who may be positive. • Carriage Town is practicing very strict precautions and measures including suspending all person-to-person contact activities, serving all meals pre-packaged, sanitizing frequently, issuing masks and gloves for staff, and making sleeping arrangements that are at least 6 feet apart. <p>REACH (Genesee County Youth Corp) (as of 04/20/2020) 914 Church Street, Flint Contact: 810-233-8700</p> <ul style="list-style-type: none"> • REACH is not-at-capacity and is welcoming residents • The center is not able to welcome COVID-19 confirmed youth • Call 810-233-8700 for intake instructions <p>Shelter of Flint (as of 04/20/2020)</p> <ul style="list-style-type: none"> • The Shelter is not-at-capacity and is welcoming residents • The Shelter is able to welcome COVID-19 confirmed and PUI residents; separate isolation areas have been designated (8-total beds) <p>My Brothers Keeper of Genesee County Men's Shelter (as of 04/15/2020)</p> |
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| | <ul style="list-style-type: none"> The Center is able to welcome COVID-19 confirmed and PUI residents; separate isolation areas have been designated <p>YWCA of Greater Flint (as of 04/15/2020) 801 South Saginaw Street, Flint, Mi 48502</p> <ul style="list-style-type: none"> The center is able to welcome COVID-19 confirmed and PUI residents; separate isolation areas have been designated Safe house full; additional precautions are being taken Continue to provide services; Contact Crisis line: (810) 238-SAFE (7233) <p>New Paths (as of 04/15/2020) Contact: (810) 233-5340, questions@newpaths.org</p> <ul style="list-style-type: none"> The center is able to welcome COVID-19 confirmed and PUI residents <p>Flint Odyssey House (as of 04/15/2020) Contact: (810) 238-0483</p> <ul style="list-style-type: none"> The center is welcoming residents (detox and residential) <ul style="list-style-type: none"> All residential intakes are completing a 14-day quarenting <p>FULL (/ closed):</p> <ul style="list-style-type: none"> Center for Hope Warming Center (as of 03/27/2020) = closed on Friday, Mar 27, 2020 per normal seasonal operations |
| Food | <p><u>GENESEE COUNTY</u></p> <p>**See the <u>current list</u> of Genesee County school district meal distribution locations and times or use the <u>Meal Distribution map</u> (opens in a new window) to find a location near you.</p> <p>Flint Community Schools (as of 04/24/2020) Contact: 810-767-6111, Facebook, Flyer</p> <ul style="list-style-type: none"> Effective April 13, 2020, food will be distributed two days out of the week, Tuesdays and Thursdays starting at 10 am and ending at 1pm. <ul style="list-style-type: none"> On Tuesday the meals will be supplied for Tuesday, Wednesday and Thursday. On Thursday the meals will be supplied for Friday and Monday of the following week. Distributions will occur from 10:00 a.m. - 1:00 p.m. at the following sites: <ul style="list-style-type: none"> Northwestern - G-2138 W. Carpenter, Flint 48505 Brownell/Holmes - 6602 Oxley Dr., Flint 48504 Berston Field House - 3300 Saginaw St. Flint, 48505 Potter - 2500 N. Averill, Flint 48506 DTM - 1518 W. Third Ave, Flint 48504 Freeman - 4001 Ogema, Flint 48507 |

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| | <ul style="list-style-type: none"> ■ Southwestern - 1420 W. Twelfth St., Flint 48507 ■ Carpenter Road - River Park Apartments 7002 Pemberton Dr, Flint, MI 48505 ■ Stonegate - 3103 Stonegate Dr, Flint, MI 48507 ■ Summerfield - 1360 Melbourne, Flint 48504 ■ Howard Estates - 1928 Howard Ave, Flint, MI 48503 ■ Evergreen Regency - 3102 Fox Circle, Flint 48507 <ul style="list-style-type: none"> ● Families unable to make it to the Food Distribution Sites can contact the Flint Community Schools at superintendent@flintschools.org <p>Grand Blanc Community Schools (as of 04/24/2020) Contact: Website, Facebook</p> <ul style="list-style-type: none"> ● Grab & Go Breakfast/Lunch Distribution Service will be provided on Tuesdays & Fridays from 11:00 a.m. - 1:00 p.m. until further notice at these locations. <ul style="list-style-type: none"> ○ McGrath Elementary ○ Brendel Elementary ● For safety reasons, service will now be “trunk service” only. If your trunk is not functioning or is full, you will be asked to pull out of the drive-up line, open and clear a space, and re-enter the end of the line. ● The GBHS location has been moved to Brendel Elementary. We recommend coming to Brendel by way of Holly Rd. to Jewett Trail, to avoid having to turn around to enter the line. <p>Genesee Genesee County Schools / Genesee ISD Programs (as of 04/24/2020) Contact: 810-591-4552, Facebook, Website</p> <ul style="list-style-type: none"> ● Student meal distribution sites are being set up by school districts throughout the county. See the current list of Genesee County school district meal distribution locations and times (opens in a new window) or use the Meal Distribution map (opens in a new window) to find a location near you. ● Starting April 6, 2020, Genesee Intermediate School District will be distributing meals Mondays through Thursdays at the locations and times shown below. <ul style="list-style-type: none"> ○ Cathedral of Faith - 6031 Dupont St, Flint; 12:00–12:45 p.m. ○ Early Learning Center - 5575 Van Campen Street, Flint; 1:00–1:45 p.m. ○ Educare Flint - 1000 Gladwyn Street, Flint; 12:00–12:45 p.m. ○ Elmer Knopf Learning Center - 1493 W. Maple Ave. Flint; 10:30 a.m.–12:30 p.m. ○ The Learning Community - 1181 W. Scottwood Ave., Flint; 1:00–1:45 p.m. ○ Transition Center - 3136 Linden Road, Flint; 10:30 a.m.–12:30 p.m. |
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| | <ul style="list-style-type: none"> ○ Each student will receive two meals each day and will also receive Friday's meals each Thursday. ● Meals are available for all children free of charge. ● IMPORTANT: To minimize contact, all meals will be placed in vehicle trunks. Pull through the line with the trunk open. Meals will be placed in the trunk and staff will close the trunk. ● If you are unable to access one of the Genesee ISD meal distribution sites, please call (810) 591-4552. ● Beecher and Flint Community Schools will be distributing meals at the following sites where Genesee Intermediate School District programs are also located: <ul style="list-style-type: none"> ○ Beecher Dailey Elementary - 6236 Neff Road, Mt. Morris; 8:40 - 9:15 a.m. and 12:35 - 1:10 p.m. ○ Cummings Great Expectations - G-2200 Walton Street, Flint; 10:00 a.m. - 1:00 p.m. (Breakfast and lunch) ● If you are unable to access one of the Genesee ISD meal distribution sites, please call (810) 591-4552. <p>Center for Hope Soup Kitchen (as of 03/24/2020) 812 Root Street, Flint Contact: 810-265-7025</p> <ul style="list-style-type: none"> ● Serving take-out lunch and dinner <ul style="list-style-type: none"> ○ Monday - Saturday: hot and cold boxed meals 9:30 a.m.-1:30 p.m. ○ Sunday; 12-3 p.m. <p>North End Soup Kitchen (as of 04/16/2020) 735 E Stewart Ave, Flint Contact: 810-785-6911</p> <ul style="list-style-type: none"> ● Serving take-out lunch and dinner. <ul style="list-style-type: none"> ○ Monday - Saturday: hot food 9 a.m.-1 p.m. and 2-5:30 p.m ○ Sunday, hot and cold boxed meals food 10:30 a.m.-2:30 p.m. ○ Residents may fill water jugs on-site; up to 5-gallons per day ● Each Friday's, multi-day food packages will be given out <p>South Flint Soup Kitchen (as of 04/16/2020) 3410 Fenton Rd #1566, Flint Contact: 810-239-3427, Facebook</p> <ul style="list-style-type: none"> ● Serving sack lunch at the Vermilya entrance <ul style="list-style-type: none"> ○ Monday - Friday: 11:00 a.m. - 12:00 p.m. <p>Bread of Life Sandwich Program (as of 04/16/2020) 2608 Maplewood, Flint Contact: (810) 785-6911</p> <ul style="list-style-type: none"> ● Servings sack lunches |
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- Monday - Friday: 12-1 p.m.

Food Bank of Eastern Michigan (as of 04/08/2020)

Contact: 810-239-444

- **Mobile Pantry** - The Food Bank of Eastern Michigan and its Partner Agencies are providing food to neighborhoods by the truckload.
 - Bethel United Methodist Church, 1309 N. Ballenger Highway, open Monday from 10 a.m.-2 p.m.
 - Asbury United Methodist Church, 1653 Davison Road, open Tuesdays from 10 a.m.-2 p.m.;
 - Greater Holy Temple, 6702 N. Dort Highway, open Thursdays from 10 a.m.-2 p.m.
 - Luke's NEW Life Center, 3115 Lawndale Ave.; Saturday, April 25, at 10 a.m
 - [Click here for distribution calendar](#)
- **The Mass Feeding Program** - the Food Bank of Eastern Michigan developed a Mass Feeding Program that is currently in place with 6 partner agencies. On a regular schedule, these agency partners receive a truckload full of supplemental food for distribution on the same day.
 - [Click here for delivery schedule](#)
- Community members can also download the "Got Food?" app in the iOS or Google app stores to find food sources near them.
- The [state of Michigan's Michigan 2-1-1 web page](#) also provides resources for people in need of food.
- **Agency Closures and Changes**
 - Faith Baptist Church of Davison Food Pantry (7306 E. Atherton Road) will be closed until further notice.
 - First Presbyterian Church (746 S. Saginaw Street in Flint) has canceled its Sunday breakfasts through April 12 and will be closed during the state of Michigan's lockdown.
 - West Court Street Church of God Food Pantry (2920 W. Court Street) is closed until further notice.

Double Up Food Bucks (as of 03/27/2020)

Contact: [Website](#)

- Many locations are getting rid of the \$20/day limit.
 - Visit our [Locations page](#) to find a participating site near you.
 - Many stores, including Family Fare, VG's, and ValuLand, have increased the limit to \$50/day
- Visit the program's website for more details and to learn about other resources available to help families get healthy food.
<https://www.doubleupfoodbucks.org/resources/covid-19/>
- Meal distributions are available in communities across the state. See [Genesee County's schedule](#).

Crossover Outreach Ministry (04/03/2020)

2505 N Chevrolet Ave, Flint, MI 48504

Contact: 810-234-2479

- Per partnership with Urban Renaissance Center, food packs will be distributed every Friday at 2505 N Chevrolet Ave, Flint, MI 48504 through May 29 at 10:00 a.m. while supplies last
- No referral required

YMCA of Greater Flint (as of 04/16/2020)

Contact: [Facebook](#)

- Starting Monday, March 23, 2020 operating 7 days a week the YMCA will be providing dinner for anyone in need.
- Anyone can pick up dinner and a snack for a child and there is no need for the child to be present or proof of guardianship.
- Pick up locations and times are listed below:
 - Suffolk Ct Apartments, 3000 Suffolk Ct, Flushing, MI 48433 – 6:00 – 6:45 pm
 - Pierson Rd YMCA, 5219 W Pierson Rd, Flushing, MI 48433 – 6:00 – 6:45 pm
 - Downtown YMCA, 411 E 3rd St, Flint MI 48503 – 6:00 – 6:45 pm
 - Kings Lane Apartments, 4400 Kings Ln, Burton, MI 48529 – 4:00 – 4:45 pm
 - Calvary United Methodist Church, 2111 Flushing Rd, Flint, MI 48504 – 6:00 – 6:45 pm
 - River Park Apartments, 7002 Pemberton Dr, Flint, MI 48505 – 4:00 – 4:45 pm
 - Flint Development Center, 4121 Martin Luther King Ave, Flint, MI 48505 – 5:00 – 5:45 pm
 - Mt Olive Missionary Baptist Church, 424 Kennelworth Ave, Flint, MI 48503 – 5:00 – 5:45 pm

Flint Farmers' Market (as of 04/08/2020)

Contact: 300 E 1st St, Flint, [Facebook](#)

- The building will not be open to the public during the month of April.
- Starting Thursday, April 9th on regular market days (Tue & Thurs) during the hours of 1pm-5pm customers will be able to pick up orders. Saturday pick-up has been stopped.
 - Order Sundays- Pick up Thursdays 1-5pm
 - Order Wednesdays- Pick up Saturdays 1-5pm
 - [Click here to order](#) & check out the new products and vendors we've recently added! <https://ffmtogo.square.site/>
 - Phone orders also accepted -individual vendor contact info can be found here: <https://www.flintfarmersmarket.com/our-vendors/>

- For more information please visit <https://www.flintfarmersmarket.com/> or contact the Flint Farmers' Market directly.

Flint Fresh Food Hub (as of 04/16/2020)

Contact: call: 810.618.5896, [Website](#)

- Flint Fresh Food Hub offers produce delivery to City of Flint residents. Boxes can be purchased using standard payment methods, Bridge Card, Double Up Food Bucks, or Prescriptions for Health.
- Visit www.flintfresh.com or call 810.618.5896.

NEW! Valley Area on Aging Meals-To-Go Pick Up Service (as of 04/24/2020)

Contact: [Website](#)

- ** For all centers: Seniors need to make reservation by 1:00pm the day before to ensure food will be available!! *
- Grand Blanc Senior Center – To go meals or delivery to home. Deliveries are from 11:30am – 12:30pm. Curbside pick-up is at Noon.
 - Phone Number: 810-695-3202;
 - Address: 12632 Pagels Drive, Grand Blanc MI 48439
- Burton Senior Center – Curbside Meals at 11:30am; Will deliver meals if the Senior lives in Burton with no transportation
 - Phone Number: 810-744-0960;
 - Address: 3410 S Grand Traverse St, Burton, MI 48529
- Clio Area Senior Center – Delivery only to Clio Senior Residents. Must call to reserve meals the day before.
 - Phone Number: (810) 687-7260
 - Address: 2136 W Vienna Rd, Clio, MI 48420
- Montrose Senior Center – Meals to Go- 11:30am – 12:30pm. Will deliver to Seniors who live in Montrose.
 - Phone Number: (810) 639-2822
 - Address: 200 Alfred St, Montrose, MI 48457
- Swartz Creek Senior Center – Meals to Go or Delivery on Monday, Wednesday or Friday only from 11:30am – 12:30pm
 - Phone Number: (810) 635-4122
 - Address: 8095 Civic Drive, Swartz Creek, MI 48473
- Carmen Ainsworth Senior Center – Meals to Go or Delivery to Seniors in Carmen Ainsworth from 11:30am – 12:30pm
 - Phone Number: (810) 732-6290
 - Address: 2071 S Graham Rd, Flint, MI 48532
- Davison Senior Center – Meals to Go- 12:00pm – 1:00pm
 - Phone Number: (810) 658-1566
 - Address: 10135 Lapeer Rd, Davison, MI 48423
- Thetford Senior Center – Meals to go- 12:00pm – 1:00pm; Will deliver to Thetford Township Seniors
 - Phone: 810-686-0630

- Address: 11495 Center Rd, Clio, MI 48420
- Hasselbring Senior Center – Meals to go- 11:30am – 12:30pm
 - Phone: (810) 766-9516
 - Address: 1002 W Home Ave, Flint, MI 48505
- Flushing Senior Center- Meals to go- 11:30am-12:30pm
 - Phone: (810) 659-4735
 - Address: 106 Elms St, Flushing, MI 48433
- Krapohl Senior Center- Meals to go and Home Delivered Meals- starting Monday 3/23/20- 12:00pm-1:00pm
 - Phone: (810) 785-2270
 - Address: 5473 Bicentennial Drive, Mount Morris, MI 48458
- Loose Senior Center-Meals to go- 11:30am-12:15pm
 - Phone: (810) 735-9406
 - Address: 707 N. Bridge St, Linden, MI 48451
- Eastside Senior Center- Meals to go 11:30am-12:15pm
 - Phone: (810) 250-5000
 - Address: 3065 N. Genesee Rd, Flint, MI 48506

GCCARD Senior Nutrition Services (as of 04/16/2020)

- Mobile Senior Nutritional Services are still available and accepting new clients. MTA has added an additional 20 drivers to assist with meal deliveries.
 - Call 810.235.3567.
- GCARD's Commodities Supplemental Food Program also offers supplemental food for low-income individuals age 60 and over.
 - Call 810.789.3746.

Senior Grocery Shopping Hours (as of 03/26/2020)

- Genesee County Office of Senior Services have put together a list of stores offering "senior hours" in Genesee County.
 - VG's: Tuesday's & Thursday's from 7 a.m. - 9 a.m.
 - Kroger: Monday's, Wednesday's, & Friday's from 7 a.m. - 8 a.m.
 - Meijer: Tuesday's & Thursday's from 7 a.m. - 8 a.m.
 - Walmart: Tuesday's from 6 a.m. - 7 a.m.
 - Walgreen's: Tuesday's from 8 a.m. - 9 a.m.
 - Target: Wednesday's from 8 a.m. - 9 a.m.

WATER DISTRIBUTION

United Way of Genesee County

- All help centers are operated through the United Way of Genesee County and remain open. Hours may vary on or around holidays.
 - Bethel United Methodist Church: 1309 N. Ballenger Hwy. 10 a.m.-2 p.m. Mondays.

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| | <ul style="list-style-type: none"> ○ Asbury United Methodist Church: 1653 Davison Road. 10 a.m.-2 p.m. Tuesdays. ○ Greater Holy Temple Church of God in Christ: 6702 N. Dort Hwy. 10 a.m.-2 p.m. Thursdays. ● In addition, residents get water from these WaterBox locations: <ul style="list-style-type: none"> ○ Latinx Technology & Community Center, 2101 Lewis St., Tuesday 4 p.m.-7 p.m. & Saturday 10 a.m.-1 p.m. ○ Metropolitan Baptist Tabernacle, 931 E. Myrtle Street, Tuesday 3 p.m.-6 p.m. ○ First Trinity M.B.C., 1221 Beach Street, Wednesday 10 a.m.-1 p.m. <p>City of Flint Office of Public Health (as of 04/16/2020)</p> <ul style="list-style-type: none"> ● Water filters, replacement cartridges and water tests remain available through the City of Flint’s Office of Public Health. ● They also are available to assist any residents whose home need water service reconnected. (Additional information on flushing your house plumbing system when water service is restored.) ● Call 810-410-2020 for details. |
| Transportation | <p><u>GENESEE COUNTY</u></p> <p>The Mass Transportation Authority Flint (as of 04/16/2020) Contact: 810-767-0100, Website</p> <ul style="list-style-type: none"> ● Fixed Route Bus Service - Effective Thursday April 2, 2020 all MTA Fixed Route Bus Service will be suspended until at least May 4, 2020. ● Rides to Wellness service has stopped ● MTA’s Your Ride will continue to offer limited service for essential trips only. <ul style="list-style-type: none"> ○ These include work rides for employees who are deemed essential such as health care workers and grocery store employees; medical and pharmacy trips; and trips to the grocery store. ○ Your Ride trips will be provided at the Reduced Fare of \$2.25/each way. ○ If you are in need of a ride and it is essential, please contact Your Ride at 810-767-5541. |
| Stress & Anxiety, Self-Help Resources | <p><u>GENESEE COUNTY</u></p> <p>Flint Women Study Community Action Network (as of 04/20/2020)</p> <ul style="list-style-type: none"> ● COVID-19 Support Group, supportive group sessions led by Flint psychologists, public health experts, and faith leaders <ul style="list-style-type: none"> ○ Adult Sessions will be held every other Thursday at 11:30 a.m. <ul style="list-style-type: none"> ■ April 30 ■ May 14 ■ May 28 ○ Youth Sessions will be held every other Thursday at 11:30 a.m. |

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| | <ul style="list-style-type: none">■ April 23■ May 7■ May 21 (Youth & Families) <ul style="list-style-type: none">● Join by:<ul style="list-style-type: none">○ Zoom = https://msu.zoom.us/j/373293944○ Phone = 1 (646) 876-9923● Register at https://www.eventbrite.com/e/102277765550 <p>Catholic Charities Shiawassee and Genesee Counties (as of 04/16/2020) Contact: 810-232-9950</p> <ul style="list-style-type: none">● Available for counseling appointments in both Shiawassee and Genesee Counties and accepts most insurances. Telehealth appointments taking place via telephone or skype.● To book appointments, call the front desk on 810-232-9950. <p>Genesee Health System (as of 04/16/2020) Contact: 810-257-374, Website</p> <ul style="list-style-type: none">● Crisis Services - For any crisis, call us 24 hours a day, 7 days a week at the following numbers:<ul style="list-style-type: none">■ 810-257-3740■ TTY 810-232-6310■ Toll-free 877-346-3648■ GHS also works with the Crisis Texting Line. Text FLINT to 741741 24-hours a day. Learn more by clicking here.○ Genesee Health System has trained, professional staff available to assist individuals and families with understanding their treatment options, and to help during a mental health, substance abuse, or family crisis.○ Staff can also help by making referrals to other community agencies and resources, and by arranging emergency services such as hospitalization.● Access Services - For a screening, please call us Monday through Friday, 8 a.m. to 5 p.m., at the following numbers:<ul style="list-style-type: none">■ 810-257-3740■ TTY 810-232-6310■ Toll-Free 877-346-3648○ Call for professional, compassionate and confidential help with questions, referrals for community resources, and routine screenings for adults with mental illness, children with serious emotional disturbance, individuals with developmental disabilities, and individuals with substance abuse treatment needs.○ Fees for services are based on a person's ability to pay; therefore, our staff will need to know the household income and the number of dependents of the person seeking help. A coverage |
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| | <p>determination will be made at the time of the screening. Staff will let you know if you can expect to have any cost for your services. No one will be denied services based on their inability to pay.</p> <p>YWCA of Greater Flint (as of 04/03/2020) 801 South Saginaw Street, Flint, Mi 48502</p> <ul style="list-style-type: none"> ● DOMESTIC VIOLENCE & SEXUAL ASSAULT PROGRAMS <ul style="list-style-type: none"> ○ Counseling and Victim Advocacy ○ Safe Center: 24/7 Rape Kit Examinations ○ SafeHouse: Emergency Shelter ○ 24/7 Crisis Line Response: 810-238-SAFE |
| Personal Needs | <p><u>GENESEE COUNTY</u> NEW! Genesee County Free Medical Clinic (as of 04/24/2020) 2437 Welch Blvd, Flint Contact: Website</p> <ul style="list-style-type: none"> ● The Free clinic provides physician consultation, health education, limited tests and referrals to a specialist. ● There is no charge for services, including specialty care and tests by referral. ● The Free Clinic also has an on-site pharmacy. Prescribed medications are provided at not charge. <p>Catholic Charities Center for Hope Community Closet (as of 03/25/2020) 812 Root Street, Flint, Michigan 48503 Contact: Mary at 810-265-7025, ext 712</p> <ul style="list-style-type: none"> ● Diapers also available (providing double amount) ● Open every morning from 9:30 a.m. - Noon by appt only. ● Call Mary at 810-265-7025, ext 712 to schedule <p>Crossover Outreach Ministry (04/03/2020) 414 W. Court Street, Flint Contact: 810-234-2479</p> <ul style="list-style-type: none"> ● On Tuesday - Fridays from 10:00 a.m. - 2:00 p.m., food, diapers, and personal care items will be available <ul style="list-style-type: none"> ○ No referral required, however asking referring agencies to utilize referral system <p>Genesee County Health Department (as of 04/08/2020) Contact: 810-257-3619</p> <ul style="list-style-type: none"> ● Genesee County Health Department WIC is still providing WIC services. All appointments will take place at the Burton clinic. At this time, there will be no walk-ins. To help with social distancing, we will only be providing the most necessary appointments. Your benefits will NOT be cancelled. |



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| | <ul style="list-style-type: none">○ Call (810) 237-4537 or (810) 237-4536 to verify your appointment or ask to reschedule.● Breastfeeding Support & After Hours Hotline: (810) 287-0758● During the COVID-19 crisis, access to resources for pregnant women, babies and families, as well as accurate information are important. Contact the Genesee County Healthy Start Program at 810.257.3619 for more information. https://gchd.us/services/maternalinfant-services/ <p>Central Michigan 2-1-1</p> <ul style="list-style-type: none">● By phone - dial 2-1-1 or 866-561-2500 (available 24/7, 365!)● By text - text your zip code to 898-211 (available 24/7, 365!)● By chat - click here to start a chat (currently Mon-Fri 8am-8pm)● By email - click here to email us● Search our database online - click here! |
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Ascension Northern Ministries (Saginaw, Arenac, and Iosco Counties)

If you are aware of additional resources and or updates to the listings below, please contact **Beth Pomranky-Brady**, Community Benefit Manager (beth.pomrankybrady@ascension.org)

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| <p>Shelters</p> | <p><u>SAGINAW COUNTY</u></p> <p>Saginaw County Consortium of Homeless Assistance Providers (SC-CHAP) (as of 03/30/2020)</p> <ul style="list-style-type: none"> ● SC-CHAP is participating in regular meetings with the Saginaw County Public Health Department ● Screening processes have been established for all Shelters to follow, ● Each shelter is also establishing a quarantine area for guests ● If/when the shelters are at capacity, Salvation Army motel vouchers at the HARA can be used to facilitate this. ● *Placement for symptomatic, PUI, and or confirmed patients should be coordinated through Jeremy Reinert, COC Program Coordinator, jreinart@unitedwaysaginaw.org; office - (989) 776 – 0560; cell - (989) 284-3354 <hr/> <p><u>IOSCO COUNTY</u></p> <p>Northeast Michigan Coalition Against Homelessness (NEMCAH) (as of 04/09/2020)</p> <p>Contact: (989) 358-4678 or 1(866) 484-7077 Ext. 278, <u>Website</u></p> <ul style="list-style-type: none"> ● The NEMCAH is a collaborative group of community organizations and individuals with an interest in homelessness, housing needs, supportive housing, or housing related services in Alpena, Alcona, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Otsego, Oscoda, Presque Isle and Roscommon counties. ● The Homeless Assistance Programs can provide services to secure and retain housing. The program also provides financial assistance (Security Deposit, Rent, or Back Rent) to homeless households and households at risk of homelessness. <ul style="list-style-type: none"> ○ Normal business hours-staff working remotely. Staff are seeking additional motels to contract with to accommodate increased homeless needs in the area as result of area shelters closing or denying entry of new individuals. ● You are eligible if: You live in one of our service counties; Your housing situation is such that: You are living on the streets, in your car, or in a shelter OR You are a renter with an eviction notice OR You are staying with friends or family on a temporary basis; You meet the program income requirements <p>FULL (closed):</p> |
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| | <ul style="list-style-type: none"> ● Emmanuel Mission, Oscoda (as of 03/25/2020) - closed due to unavailable staff and insufficient PPE supply |
| Food | <p><u>ALL COUNTIES</u> Double Up Food Bucks (as of 03/27/2020) Contact: <u>Website</u></p> <ul style="list-style-type: none"> ● Many locations are getting rid of the \$20/day limit. <ul style="list-style-type: none"> ○ Visit our <u>Locations page</u> to find a participating site near you. ○ Many stores, including Family Fare, VG's, and ValuLand, have increased the limit to \$50/day ● Visit the program's website for more details and to learn about other resources available to help families get healthy food. https://www.doubleupfoodbucks.org/resources/covid-19/ <hr/> <p><u>SAGINAW COUNTY</u> Saginaw Public Schools (as of 03/30/2020) Contact: <u>Website, Facebook</u></p> <ul style="list-style-type: none"> ● "Grab & Go" Food distribution is available Monday - Friday <ul style="list-style-type: none"> ○ Breakfast will be distributed 8:00 - 11:00 a.m.; Cold lunch also available during this time ○ Hot lunch will be distributed 1:00 - 4:00 p.m. ● Cold breakfast and lunch will be distributed on Saturday and Sunday 8:00 - 11:00 a.m. ● The following are distribution sites <ul style="list-style-type: none"> ○ Bridgeton Place Townhomes ○ Birch Park Apartments ○ Arthur Eddy Academy ○ Stone Elementary ○ Herig Elementary ○ Thompson Middle School ○ Loomis MTA Academy ○ Rouse Elementary ○ Merrill Park Elementary ● Cold breakfast and lunch will also be distributed to neighborhoods via school buses. <u>View website</u> for bus stop locations <p>Saginaw Township Community Schools (as of 04/02/2020)</p> <ul style="list-style-type: none"> ● Food distribution (breakfast and sack lunch for children) will continue as scheduled on Mondays, Wednesdays, and Fridays ● Distributions will occur from 11:00 a.m. - 2:00 p.m. at the following sites: <ul style="list-style-type: none"> ○ White Pine Middle School ○ Heritage High School <p>YMCA of Saginaw - Mission Nutrition (as of 03/25/2020)</p> |



Contact: Weston Boven, Director - Healthy Living, Wellness, 989.753.7721 x 207

- Still operating our Mission Nutrition feeding program.
- Visit [Facebook Page](#) for daily distribution sites
- All meals will be served grab and go style; parents/Children can take multiple days' worth of meals; Serve Snacks and Lunches/Suppers at the same time. Children do not have to eat their meals on site; children (18 years or younger) do not have to be present on site for parents to take meals for them

East Side Soup Kitchen (ESSK) (As of 04/07/2020)

940 E Genesee Ave, Saginaw, MI 48607

Contact: 989-755- FOOD (3663).

- East Side Soup Kitchen (ESSK) is serving Takeout Meals by drive-in and walk-ups on Monday, Wednesday, and Friday from 11:00 a.m. - 12:00 p.m.
 - "5-Meals in 3-Days" - On Monday and Wednesday, an additional meal will be provided

Old Town Soup Kitchen (as of 04/07/2020)

600 Gratiot Ave, Saginaw

- Serving lunch: Monday, Wednesday, and Friday from 11:00 a.m. - 1:00 p.m.

Kingdom Life Ministries (as of 04/15/2020)

301 S. Jefferson, Saginaw

Contact: 989-799-0153; [Facebook](#)

- Serving meals Thursdays and Sundays from 1:00 - 3:00 p.m. (until food is gone)
 - Eat meal kit contains contents for 4 breakfasts, 4 lunches, and 1 gallon of milk

St. Paul's Episcopal Church (as of 04/07/2020)

720 Tuscola, Saginaw

- Serving cold lunch: Monday, Wednesday, and Thursday from 1:30 - 3:00 p.m.
- Serving hot meal: 1:00 - 3:30 p.m.

Saginaw Community Christian Reformed Church (as of 04/07/2020)

6045 Mackinaw Road, Saginaw

Contact: 989-792-2465

- Serving lunch the 1st and 3rd Saturdays of the month from 10:00 a.m. - 1:00 p.m.

Saginaw County Commission on Aging (as of 04/16/2020)

233 2nd Street, Saginaw

Contact: [Facebook](#)

- Serving meals via curbside only pick-ups only on Wednesdays from 10:00 a.m. - 12:00 p.m.
 - Extending to April 29
 - “Meal Bundles” will include 2 hot meals, 2 frozen meals, 2 shelf-stable emergency meals, and 1 cold ziplock bag with milk, fruit, juice, and bread)
 - Need to RSVP by 11:00 a.m. on the Monday before pick up for each week
- Pick up locations are:
 - Marie Davis Senior Center - Contact James at 989-758-2441
 - Elenor Frank Senior Center - Contact Maria at 989-797-6895
 - Hemlock Senior Center - Contact Shirley at 989-642-2610
 - Maple Grove Senior Center - Contact Sue at 989-845-7444
 - Frankenmuth Senior Center - Contact Joanie at 989-652-3430, ext. 197
- Must be 60 years and over - will need to provide name and date of birth of the person 60 and older AND name for the pick-up reservation
- Meals have a suggested donation of \$2.25 / meal

Samaritas Community Center (as of 04/07/2020)

3145 Russell Street, Saginaw

Contact: 989-752-5805, [Facebook](#)

- Samaritas Community Center will continue serving meals to our community during the State of Emergency.
- **Weekdays:** Pick up one meal per adult and one meal and snack per youth from 4-5p M-F.
- **Youth Bulk Meals:** Bulk meals and snacks for anyone 18 and under will be distributed per the schedule below. Youth do not need to be present to receive meals.
 - Mondays from 9-11a (for Monday-Wednesdays)
 - Thursdays from 9-11 (for Thursdays-Sundays).
 - If you know you will be collecting meals during our bulk distribution times, please give the center a call we can have an idea of what to prepare for. The phone number is (989)752-5805.

Saginaw Salvation Army (as of 03/26/2020)

2030 N Carolina St, Saginaw

Contact: 989-401-7881

- The Saginaw Salvation Army has implemented new procedures with temporarily expanded hours to serve the community. Food pantry hours will be Monday through Friday from 9am-4pm by appt only, no walk ins.
 - If you need food assistance, appts can be made by calling 989-401-7881. We’re here for you.

- In order to assist you with food, we will need: Picture ID, Social Security card, and one piece of mail with current address. (for all adults in the household)
- For children in the household we will need: birth certificates or immunization records/ guardianship papers
- Please call before coming in, as we are limiting the number of people we allow into the building to prevent the spread of infection.

Food Bank of Eastern Michigan (as of 04/08/2020)

- **Mobile Pantry** - The Food Bank of Eastern Michigan and its Partner Agencies are providing food to neighborhoods by the truckload.
 - [Click here for distribution calendar](#)
- **The Mass Feeding Program** - the Food Bank of Eastern Michigan developed a Mass Feeding Program that is currently in place with 6 partner agencies. On a regular schedule, these agency partners receive a truckload full of supplemental food for distribution on the same day.
 - [Click here for delivery schedule](#)
- **Agency Closures and Changes**
 - First Ward Mass Feeding Site (1410 N. 12th Street in Saginaw) has suspended operations until further notice.

Senior Grocery Shopping Hours

- Aldi - Tuesdays & Thursdays; 8:30 - 9:30 a.m.

ARENAC COUNTY

Au Gres-Sims School District (as of 04/16/2020)

Contact: Jennifer Socha, 989-876-7157 ext. 335; [Website](#)

- Meal service is provided for ALL children 18 years of age or younger, including any adult up to the age of 26 who receives special education services.
 - ALL children who live in our community, even if they do not currently attend Au Gres-Sims School District, are eligible for this FREE service - no questions asked.
- Pick-Up Schedule
 - Mondays - 11:00 am - 1:00 pm (3 days worth of food provided)
 - Thursdays - 11:00 am - 1:00 pm (4 days worth of food provided)
- Staff will continue to wear protective equipment and maintain a 6 foot minimum distance. To further support these protocols, we would prefer to place food orders in the trunk or rear of your vehicle when going through the pick-up line, when possible.
- Removed the sign-up for meals

Resurrection of the Lord Parish, Standish Food Pantry (as of 04/16/2020)

423 W Cedar, Standish

Contact: 989-846-9565, [Website](#)

- Hours of operation are Monday and Thursday from 10 am to 12 pm
- Arenac County Transit is able to pick-up food boxes at the Resurrection Catholic Church and deliver them to homes in Arenac County. Food box deliveries will only be on Thursdays from the Resurrection of the Lord food pantry in Standish. Your food box order will have to be called into transit on Wednesdays. A small fee will apply.
 - Please call for details. 846-7500

Standish-Sterling Community Schools (as of 04/16/2020)

Contact: (989) 846-3670, [Website](#)

- District will be distributing food to all children 18 and under (up to age 26 for students with an IEP).
- Due to the extension of the emergency school closure, the food distribution schedule will continue on Mondays and Thursdays until further notice. Pickup locations & times remain the same.
- Distribution sites are as follows:
 - Arenac Community Center, Main Parking Lot, 10:30 – 11:00 a.m.
 - Central Jr/Sr High School, Bus Driveway, 11:30 a.m. – 12 Noon
 - Sterling Elementary, Bus Driveway, 10:30 – 11:00 a.m.
 - Alger Catholic Church, 11:30 a.m. – 12 Noon
 - Melita Mary's Country Corners, 12:30 – 1:00 p.m.
 - Turner Bus Stop Post Office, 10:30 – 11:00 a.m.
 - Arenac Eastern School, Parking Lot, 11:30 a.m. – 12 Noon
 - Omer Library, 12:30 – 1:00 p.m.
 - Bentley Ball Field, 10:30 – 11:00 a.m.
 - White's Beach White's Beach Road 11:45 a.m. – 12:15 p.m

Arenac County Transit (as of 04/01/2020)

Contact: 989-846-7500, [Facebook](#)

- Offering grocery pick-up service on Wednesdays and Fridays from 9:00 a.m. - 3:00 p.m. for those who can't/do not want to go into grocery stores.
- Participating stores include:
 - Jay's (Standish) - call 989-846-6567
 - Twinning Market - call 989-867-4211
 - Sunrise Market (AuGres) - call 989-876-7191
- Call store, submit order, pay with credit or debit card, store will contact/schedule Arenac County Transit. Food will be delivered to doorstep
- Cost: \$1.50 (in-town); \$4.00 (out of town)

Food Bank of Eastern Michigan

Contact: [Facebook](#)

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| | <ul style="list-style-type: none"> • There will be a Mobile Pantry Food Distribution from 1:00 to 4:00 p.m.(or until supply runs out) every Thursday at Bethlehem Lutheran Church, 5622 Johnsfield Rd, Standish, MI 48658. • Standish Beacon of Light UMC (201 S. Forest Street in Standish) is closed until further notice. • To check food distribution schedules, visit the Food Bank of Eastern Michigan website at FBEM.org and find the updated schedule on the Mobile Pantry Distribution page, or call 810-239-4441. <hr/> <p><u>IOSCO COUNTY</u></p> <p>St. Vincent de Paul of Tawas City (as of 04/01/2020) 115 1st St Tawas City, MI 48763 Contact: 989-362-6584, Facebook</p> <ul style="list-style-type: none"> • Operates food pantry Tuesdays and Thursdays available starting at 12:00 p.m. until supplies last • Check Facebook for daily updates <p>East Tawas Church Of Nazarene (as of 04/16/2020) Contact: 989-362-2955</p> <ul style="list-style-type: none"> • Operates an emergency food pantry • Call (989) 362-2955 to schedule an appointment <p>Walmart Grocery Pickup (as of 04/16/2020) 621 E Lake St Tawas City, Contact: (989) 464-7378, Website</p> <ul style="list-style-type: none"> • Pickup Hours: 8 AM - 8 PM • Grocery Pickup lets you reserve the time and pickup location that is most convenient for you. Standard pickup is always free. Picking up your order is easy and there’s no need to go into the store. Your order confirmation email will include specific pickup location instructions. A Walmart associate will happily pack up your order and provide a speedy handoff to your car. • How It Works: Shop Walmart’s food selection online anytime, anywhere. You can even use the Walmart Grocery App and start shopping now. Then, choose a convenient pickup time from a location near you. <ul style="list-style-type: none"> ○ If you’re a SNAP EBT customer, you can split the payment with another card if needed. |
| Transportation | <p><u>ALL COUNTIES</u></p> <p>Holt Transport Services (as of 04/01/2020) Contact: 989-860-1004</p> <ul style="list-style-type: none"> • Holt Transport offers transportation services across Michigan for: <ul style="list-style-type: none"> ○ Non-Emergency Medical Transportation (NEMT) - Monday through Friday. |

- Wheelchair Transportation
- Professional Courier Services .
- Office hours are 7:00 a.m. - 5:00 p.m. ET;
 - After hours transport available by appointment only.

SAGINAW COUNTY

Saginaw Transit Authority and Regional Services (STARS) (as of 04/22/2020)

Contact: Call 989-907-4000; Email: info@saginaw-stars.com; Website

- Effective Thursday, April 23rd, STARS is requiring all riders to wear face covering on transit services until further notice. Masks are provided if passengers do not have a face covering.
 - Riders are still required to use hand sanitizer on entry.
 - Buses are also now equipped with barriers between drivers and passengers to further limit chances of exposure.
- STARS is also using disinfectant electrostatic sprayers regularly to disinfect the fleet and facility.
- Bus routes remain closed, but STARS is providing essential transportation for free Monday thru Friday from 6:55AM to 8:55PM. Riders can call [989-753-9526](tel:989-753-9526) to schedule a necessary trip.
- Administrative offices are closed and any non-essential personnel are working from home.

ARENAC COUNTY

Arenac County Transit (as of 04/01/2020)

Contact: (989) 846-7500

- Call (989) 846-7500 to schedule rides
- Adjusted operating hours are as follows:
 - Monday, 6am to 4pm
 - Tuesday, 6am to 4pm
 - Wednesday, 8am to 4pm
 - Thursday, 6am to 4pm
 - Friday, 9am to 3pm
 - Saturday, 8am to 11am

IOSCO COUNTY

Iosco Transit Corporation - ITC (as of 04/01/2020)

Contact: (989) 362-8108

- Call (989) 362-8108 to schedule rides
- The office is open from 7:00 am until 5:00 pm Monday through Friday

Stress & Anxiety, Self-Help Resources
SAGINAW COUNTY
Saginaw County Community Mental Health Authority (as of 04/01/2020)

Contact: (989) 797-3559

- As of March 16, 2020, all SCCMHA buildings are closed to visitors with the exception of 500 Hancock.
 - If you already have an Intake Appointment please do not go to 500 Hancock in person, instead call (989) 797-3559 as intakes will be done by phone. Any visitors to the Hancock building will be screened before entry will be granted.
- We are asking anyone looking for services to call our Central Access & Intake Center at (989) 797-3559 before coming in. Most screenings can be done over the phone.
- All Day Programs (CTN, CTS, Bayside Lodge, Friends for Recovery and SVRC My Voice My Choice will be closed at least until April 13th.
- Saginaw County Community Mental Health Authority is offering access to @myStrength to the community. myStrength is an evidence-based, self-help resource for emotional health and overall well-being. During this stressful time, myStrength is also offering #COVID-19 resources. To create a free account today go to:
<https://app.mystrength.com/go/sccmha/saginaw>

NEW! Great Lakes Bay Health Centers Child (as of 04/21/2020)

- Great Lakes Bay Health Centers Child and Adolescent therapy services are available and accepting new patients at the following locations:
 - Davenport - (989) 907-2761
 - Janes Street - (989) 755-0316
 - Bay City South - (989) 922-5700
 - Bayside - (989) 671-2000
- Currently, telehealth audio and video services are available.

Child and Family Services of Saginaw (as of 04/15/2020)

Contact: call: 989-790-7500, e-mail: intake@cfs-saginaw.org, [Facebook](#)

- Child and Family Services is continuing counseling services and mental health treatment for those in need.
 - Priority is to assure that community knows that services in our Counseling Center, Employee Wellness Center and Sexual Assault Center are available
- All therapy visits to telehealth appointments via phone or video counseling.

List Psychological Services, PLC (as of 04/16/2020)

Contact: Call: 989-790-3130

- List Psychological Services offers a telehealth option for our clients and anyone interested in seeking services. Telehealth allows clients to engage

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| | <p>in therapy with our providers without unnecessarily risking exposure to COVID-19.</p> <ul style="list-style-type: none"> • If you may be interested in telehealth as an existing or potential client, please call your closest List Psychological Services office for more information. <hr/> <p><u>ARENAC COUNTY</u> Bay-Arenac Behavioral Health (BABH) (as of 03/27/2020) 1000 W Cedar, Standish Contact: 989-895-2300</p> <ul style="list-style-type: none"> • All BABHA clinical, direct care, and administrative staff continue to provide essential services • Essential CLS services continue to be provided both in direct operated residential settings as well as through specialized residential and CLS provider network. • Arenac Center continues to implement COVID-19 screening for all consumers and staff before entering the buildings • For Psychiatric Emergencies or Personal Crises call: (989) 895-2300 or 1-800-327-4693 • To request Mental Health or Substance Use Disorder Services call Access Services: 1-800-448-5498 • For TDD for the hearing impaired call (989) 895-2295. <hr/> <p><u>IOSCO COUNTY</u> AuSable Valley Community Mental Health Authority (as of 04/01/2020) Tawas City Office, 1199 W. Harris Avenue., Tawas City Contact: 989-362-8636</p> <ul style="list-style-type: none"> • All four main offices of AuSable Valley CMHA remain open. If you must come into the office, please call ahead, if possible |
| Personal Needs | <p><u>ALL COUNTIES</u> Northeast Michigan 2-1-1</p> <ul style="list-style-type: none"> • By phone - dial 2-1-1 • By text - text your zip code to 898-211 (available 24/7, 365!) • By chat - click here to start a chat (currently Mon-Fri 8am-8pm) • Search our database online - click here! <hr/> <p><u>SAGINAW COUNTY</u> CAN Council Great Lakes Bay Region (as of 04/14/2020) Contact: 989-846-7500</p> <ul style="list-style-type: none"> • Distributing diapers to the community through "no-contact" distribution appointments only |

- Thursdays in Saginaw
- Fridays in Bay City
- Call 989-752-7226 Monday-Friday from 8am-5pm to arrange your appointment.
 - You do not need to be a client of the Can Council. Anyone in the community can call

Humane Society of Saginaw County - Pet Food Assistance (as of 04/21/2020)

Contact: call 989-501-8672, [Website](#)

- The program is for Saginaw County families with pets in need of assistance with pet food.
- Volunteers will deliver the food if the family has difficulty arranging transportation.
- If interested, please fill out a food application by clicking the link below. <https://form.jotform.com/92277768893176>

ARENAC COUNTY

Arenac County Transit (as of 04/01/2020)

Contact: 989-846-7500

- Offering prescription transportation service on Wednesdays and Fridays from 9:00 a.m. - 3:00 p.m. for those who can't/do not want to go into pharmacy
- Participating pharmacies include:
 - Standish Pharmacy - call 989-846-0411
 - AuGres Pharmacy (located in Sunrise Market) - call 989-876-8899
- Call the pharmacy, pay with a credit or debit card, contact Arenac County Transit to schedule a ride. Due to HIPPA rules, person must be in vehicle but pharmacy staff will bring prescription out
- Cost: based on zone person lives in

IOSCO COUNTY

**NEW! St. Joseph Health Pharmacy - Dispensary of Hope
200 Hemlock Rd, Tawas City**

Salvation Army Service Units

- Hale and Whittemore Area - 989-310-6211
- Oscoda Area - 989-305-0751
- Tawas and National City Area - 989-305-2442



Ascension

Ascension Southeast Ministries (Macomb, Oakland, Wayne (Detroit) Counties)

If you are aware of additional resources and or updates to the listings below, please contact TaShara Coakley (tashara.coakley@ascension.org) or Cynthia Taueg (cynthia.taug@ascension.org)

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| Shelters | <p>Coordinated Assessment Model - Quarantine Shelter (Detroit) 313-484-4134</p> <ul style="list-style-type: none"> • This is particularly for patients being discharged from Detroit hospital but they are not turning anyone away. • Focus on the needs of individuals and families in Highland Park, Detroit, and Hamtramck experiencing homelessness or at risk of homelessness. Referrals to available shelters and housing resources. Suspended in person services at this time. Call number above 7 days a week. <p>Alternative for Girls AFG 903 W. Grand Blvd, Detroit MI 48208 Dawn Barrack, Director of Development, dbarrack@alternativesforgirls.org or 313.361-4000 ext. 230</p> <ul style="list-style-type: none"> • Serves all counties, AFG is open and currently accepting clients. • Available for girls and young women (ages 15-21) who are single, parenting, pregnant or both. (Max: 24 beds) <p>ChristNet (734) 287-8890</p> <ul style="list-style-type: none"> • Single people and families, food and emergency shelter on a first come first serve basis. <p>First Step - Domestic Violence (734) 722-6800</p> <ul style="list-style-type: none"> • Temporary emergency housing, transportation <p>Monroe County Community Action (734) 241-2775</p> <p>Oakland Community Housing Net (248) 928-0111</p> <p>Macomb County Homeless Coalition (586) 213-5757</p> <p>Turning Point Serving Wayne, Oakland, and Macomb County Call for more information –(586) 463-4430 Crisis Line (586) 463-6990 Counseling (586) 463-4430 PPO (586) 469-7494</p> <p>**Near capacity, accepting new intakes, call first.</p> <ul style="list-style-type: none"> • 24/7 Shelter services available to survivors of domestic violence and sexual assault • 24-hour hotline available for support, resources, and safety planning • Counseling services to survivors and their loved ones available by phone |
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- Forensic Nurse Examiner Program (FNEP) available 24/7
- Personal Protection Order Office assists with the filing of PPOs and PPO related motions by phone

HAVEN

801 Vanguard Drive Pontiac, MI 48341

Jocelyn Clarke, LPC

248-334-1284 ext.333, jclarke@haven-oakland.org

- Serving Mainly Oakland, Macomb and Wayne County, but we can provide services for survivors no matter their geographical location
- Safe-emergency housing, counseling, 24/7 crisis & Support line, forensic exams (rape kits) and court advocacy
- Counseling Program is operating by telehealth (phone & video counseling).
- Survivors in need of service need to contact HAVEN's Crisis & Support Line at 248-334-1274

Samaritas Family Center

(734) 721-0590 Westland, MI

- Currently a waiting list
- Emergency shelter for homeless families
- Offer transportation.

First Step - 24 hour helpline

(734) 722-6800

- Emergency short-term housing for victims of domestic/and or sexual violence and their children. They offer referrals for housing, temporary emergency housing, legal assistance, counseling, transportation and healthcare.

Covenant House Michigan

Ida Benson

ibenson@covenanthouse.org

(586) 612-5626

- Homeless shelter for youth 18-24 including shelter, food, clothing, programs, medical and mental health services, education and employment. Southeast Michigan is served by the Detroit shelter

Macomb County Shelters and Homeless Service Providers

NEW: Homeless Veterans



If you encounter a Veteran that is literally homeless, please refer by email to a SSVF who may be able to provide a motel stay. The email should include the Veterans full name, contact number and location in email, with a statement that the Veteran provided verbal permission to refer their name.

MACOMB SSVF PROVIDER CONTACT INFORMATION:

Disability Network
Sian Washington
586-268-4160, ex6618
swashington@dnom.org

Macomb Community Action
Liz Sergent
586-524-6284
Elizabeth.sergent@macombgov.org

SSVF Provider assisting in Macomb County
Kathy Koths
313-530-1956

MCREST

(586) 415-5101
20415 Erin, Roseville, MI 48066
www.Mcrest.org

- Currently at full capacity. Accepting new intakes. Encourage people to call daily as usual to check availability. MCREST hours have changed to 9am-5pm, the lobby is open only for receiving services (resources, clothes, etc.) The bathroom and shower in the lobby are currently closed.

MATTS (Macomb's Answer to Temporary Shelter)

24140 Mound Road
Warren, MI 48091
Phone: (586) 754-7400
<https://centralusa.salvationarmy.org/warren/provide-housing/>

- Currently at full capacity. Accepting new intakes. Encourage people to call daily as usual to check availability.

PATH Outreach Team

For those residing on the streets. Please provide the following information when you call/email: First and last name, phone number, reason for calling. Contact:

Gina Misuraca: 248)824-7323: gmisuraca@chninc.net
Alexa Kalasz: 248)824-7386: akalasz@chninc.net

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| | <p>Macomb Homeless Coalition – Lead Agency Working remotely, calls and emails being returned. Please reach out to Roy Walters with any new HCV applications (via email at this time). rwalters@macombhomelesscoalition.com</p> <p>If someone is literally homeless (stayed in a place not meant for habitation, a shelter, streets, or a motel paid by a 3rd party the night prior) and is turned away due to a shelter being at capacity, please refer them to call MHC to see if we can offer any services or shelter. Please do not tell anyone to call MHC to be put in a Motel, there is screening, an assessment, and Diversion is attempted.</p> <p>Detroit Rescue Mission Ministries (OASIS) Highland Park Designated for COVID cases 313-993-4700; enter 1 as message starts, if no one answers</p> <p>VCRRRC for VA Homeless Assessments (literally homeless veterans) 313-576-1580 – Monday-Sunday 8am-8pm</p> <p>Team Wellness Center – Psychiatric Urgent Care Beds Many people with mental illness and addiction may be experiencing increased anxiety, stress, or depression due to the current situation. Some even have difficulty accessing services or getting medications as many providers have had to temporarily close.</p> <p>The Psychiatric Urgent Care Unit located at Team’s East location (6309 Mack Ave. Detroit, MI 48207) currently has beds available and will continue to be fully operational and available to people in a mental health or addiction related crisis.</p> <p>The Team also has a 24-hour call center and crisis hotline that is available to anyone who needs mental health or addiction support. Hospitals, law enforcement, first responders and other community agencies can also refer individuals to the unit.</p> <p>For more information on services or clinic hours call Team Wellness Center at 888-813-TEAM (8326).</p> |
| <p>Food</p> | <p>Gleaners Community Food Bank TODAY ONLY: Free food distribution for households with children Monday, April 20, 2020 from 3:00 pm - 6:00 pm OLHSA, 196 Cesar E. Chavez, Pontiac, MI</p> <p>https://www.gcfb.org/community-distribution-sites/</p> |

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| | <ul style="list-style-type: none">• Gleaners is providing their map to food bank emergency sites. The page is updated daily. <p>Detroit Public Schools Community District https://www.detroitk12.org/grabngo</p> <p>CAPUCHIN SOUP KITCHEN https://www.cskdetroit.org/coronavirus/</p> <ul style="list-style-type: none">• The Capuchin Soup Kitchen is announcing adjusted hours for “to-go” meals for this week:<ul style="list-style-type: none">- Meldrum meal site (1264 Meldrum): 11:00 am – 1:00 pm Monday, Wednesday and Friday- Conner meal site (4390 Conner): 11:00 am – 1:00 pm Tuesday, Thursday and Saturday “to-go” meals will be served from the parking lot <p><u>Macomb County Food Resources</u></p> <p>Macomb Feeding the Need Pantry (Macomb County) Wednesday, April 22, 2020 @ 8am 27151 Gratiot Ave Roseville, MI Drivers must remain in their cars. Walkers must wear masks and gloves</p> <p>Salvation Army – Mt. Clemens (Macomb County) 55 Church Street, Mt. Clemens MI 48043 To-Go Meals from 12:00pm – 12:30pm Monday-Friday</p> <p>Trinity Lutheran Church (Macomb County) 45160 Van Dyke Ave - Utica, MI 48317 To-Go Meals on Sundays 1:00pm-3:00pm; Wednesday & Friday 11:30am-2:00pm Frozen meals are also available.</p> <p>Forgotten Harvest</p> <ul style="list-style-type: none">• Referring to www.pantrynet.org to identify available food banks in their service area. <p>Lighthouse (Oakland County) Type of service – emergency food boxes Hours of operations 9:30am-3pm Location – 46156 Woodward Ave, Pontiac, MI 48342 Contact person – Marci Fitch Contact information – marci@lighthousemi.org How services are being provided – Clients in need should place an online order at least 24 hours in advance. Food can be picked up on the day they register for.</p> |
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| | <p>Currently accepting clients? - Yes</p> <p>Detroit Temple - Food Pantry 3729 W Chicago Detroit, MI (313) 897-2914</p> <ul style="list-style-type: none"> • Thursdays 10am - 11:30am (once a week) <p>Detroit Harding - Food pantry 3000 Conner Detroit, MI (313) 822-2800</p> <ul style="list-style-type: none"> • Also help with DTE and clothing vouchers <p>Focus Hope - All locations Frank Kubik Contact information (email/telephone #) food@focushope.edu; 313-494-4600</p> <ul style="list-style-type: none"> • Serving Wayne, Washtenaw, Macomb, and Oakland counties • Drive up only, Age 60 and over, must show ID. • Westside Food Center: 1300 Oakman Blvd., Detroit Inkster Food Center: 759 Inkster Road, Inkster Eastside Food Center: 9151 Chalmers, Detroit • Additional partner locations throughout four-county service area, and delivery offered for seniors who are homebound • Participants can drive-up to any Focus: HOPE food distribution center to pick up a pre-packaged food box without leaving their car. Picking up groceries is permitted under Governor Whitmer’s Stay Home Stay Safe order. • Focus: HOPE is also delivering food to seniors who are homebound. • Focus: HOPE staff and volunteers are following strict social distancing and health guidelines around food packaging, distribution, and delivery. <p>Arab American Chaldean Council (ACC) 111 W. 7 Mile, Detroit, MI 48203 313-369-4730</p> <ul style="list-style-type: none"> • All counties served • WIC Call Center • Provides supplemental foods, nutrition education and referrals to other health • Services are being provided remotely over phone <p>Livingston County Catholic Charities 2020 E. Grand River #104, Howell 517-545-5944</p> <ul style="list-style-type: none"> • Serving Livingston County • Food delivery and other supports for seniors; volunteer friendly phone visits for isolated seniors; and other critical services for seniors. Mental Health and Substance Abuse Counseling via telehealth. • Phone visits and counseling; porch deliveries of foods and essentials for seniors; phone assistance for seniors with resources. <p>Zaman International - Hope for Humanity</p> |
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| | <p>26091 Trowbridge Inkster, MI Phone: (313) 551-3994</p> <ul style="list-style-type: none"> • Food Pantry and other programs (Gleaners affiliated) - Thursdays <p>Helps On The Way 5358 S. Beech Daly, Dearborn, MI (313) 908-7104</p> <ul style="list-style-type: none"> • Food (curb side only b/c of COVID -19) every Thursday 6pm - 7:30pm • They normally provide clothing but because of COVID 19 they are only providing food. <p>CARES of Farmington Hills 27835 Shiawassee Road, Farmington Hills, MI 48336 Pantry: (248) 474-8231</p> <ul style="list-style-type: none"> • The drive-up pantry will be open 9:30 a.m.-2:30 p.m. on the following dates: Wednesday 4/1, Tuesday 4/7 and Wednesday 4/8, Tuesday 4/14 and Wednesday 4/15 • CARES food services are available to individuals and families who live or work in Farmington, Farmington Hills, Livonia, Northville, West Bloomfield, Redford, and Southfield. • Guests must have an appointment. Anyone arriving without an appointment cannot be served. • Appointments can be set by calling 248-474-8231 on Tuesday-Friday, 9:30 a.m.-2:30 p.m. Guests can visit the CARES pantry once per month. • SPECIAL DATE - <i>CARES is hosting a free food distribution for households with children, sponsored by Gleaners Community Food Bank, on April 1 from 12:30 – 3:30 p.m. at the front of the CARES building. Food is available for any family with children, it is not required to have an appointment or be registered with CARES.</i> <p><u>Livingston County Hunger Council</u></p> <ul style="list-style-type: none"> • List of food resources for Livingston County <p>Pontiac Community Foundation</p> <ul style="list-style-type: none"> • Check out this list of food locations across Pontiac and Oakland County <u>Pontiac Covid Response-1</u> <u>Pontiac COVID Response-2</u> <p>City of Detroit Free Meals for Children (up to 18 years old)</p> <ul style="list-style-type: none"> • The Parks and Recreation Division of the General Services Department is providing meals for children at participating recreation centers. Parents and children may pick up multiple meals to suit their needs. Meals are offered, Monday–Friday, 8:30 a.m. – 1:30 p.m. at these locations: <ul style="list-style-type: none"> - Adams Butzel Family Center, 10500 Lyndon - Farwell Recreation Center, 2711 Outer Dr E - Kemeny Recreation Center, 2260 S. Fort St. - Patton Recreation Center, 2301 Woodmere (starting March 30) |
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| | <ul style="list-style-type: none"> • These additional recreation centers will offer meal pick up on Tuesday, Wednesday and Friday from 8:30 a.m. – 1:30 p.m. <ul style="list-style-type: none"> - Crowell Recreation Center, 16630 Lahser - Lasky Recreation Center, 13200 Fenelon <p>**NOTE: Beginning April 8, Detroit families will receive up to four days of additional meals to last through the weekend. City of Detroit offices including recreation centers are closed in observance of Good Friday on April 10. Meal service will resume on Monday, April 13.</p> <p>The adjusted schedule is:</p> <ul style="list-style-type: none"> • Tuesday, Wednesday, and Friday Sites (Additional meals on Wednesday from 8:30 a.m. – 1:30 p.m.) <ul style="list-style-type: none"> - Crowell Recreation Center, 16630 Lahser - Lasky Recreation Center, 13200 Fenelon • Monday through Friday Sites (Additional meals on Thursday from 8:30 a.m. -1:30 p.m.) <ul style="list-style-type: none"> - Adams Butzel Recreation Center, 10500 Lyndon - Farwell Recreation Center, 2711 E. Outer Drive - Kemeny Recreation Center, 2260 S. Fort Street - Patton Recreation Center, 2301 Woodmere |
| Transportation | <p>Livingston Essential Transportation Service (LETS) (Ascension Providence - NOVI)</p> <ul style="list-style-type: none"> • This resource is for Ascension Providence - NOVI • Please contact as they will provide transportation on a case-by-case basis. Operations Manager Trisha Reed at 517-295-8003 <p>MyRide2.com - Referral Service for transportation (855) 697-4332 Website: www.myride2.com Monday - Friday 8a - 4p</p> <ul style="list-style-type: none"> • Helps seniors and adults with disabilities find transportation in Oakland, Macomb, Washtenaw and Wayne Counties. |
| Stress & Anxiety, Self-Help Resources | <p>New Hope Center for Grief Support</p> <ul style="list-style-type: none"> • Provides peer support for loss of a loved one. Provides services in Northville and surrounding counties Mon- Thurs 10am-4pm* (currently) 145 N. Center St, Northville, MI 248-348-0115 email: griefhelp@newhopecenter.net; website: www.newhopecenter.net |

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| | <p>*Currently operating remotely providing peer support groups offered via teleconference They are currently taking all incoming calls for grief support</p> <p>Wayne County SAFE Program 2727 Second Ave. Suite 300 Detroit MI 48201 Katie Smith, 313-912-7182, kmichael@wcsafe.org, Amy Dowd - adowd@wcsafe.org Benita Robinson brobinson@wcsafe.org</p> <ul style="list-style-type: none"> • Serving Wayne County • Comprehensive sexual assault services including advocacy, counseling and medical forensic exams. • Online, onsite for medical forensic exams at our sites, phone - advocacy and counseling, Teleconference <p>Oakland Family Services Shimika Leonard, 248.858.7766</p> <ul style="list-style-type: none"> • Serving Oakland, Macomb, and Wayne county • Mental health (trauma, depression, stress, anxiety, etc.) and substance abuse counseling, early childhood services, foster care/adoption • All services are currently virtual <p>Catholic Charities of Southeast Michigan Catholic Charities of Southeast Michigan. Depends on the service this page gives contact based on the program</p> <ul style="list-style-type: none"> • Serving Oakland, Macomb, St. Clair, Wayne, Monroe and Lapeer counties. • Food and medicine delivery service for seniors, outreach to those who are isolated (stress/anxiety), and behavior health services such as mental and substance abuse treatment via telehealth • All services are teleconference, online, or via phone. Drop off services will be placed on individual porches. <p>Black Family Development, Inc. 2995 E. Grand Blvd. Detroit, MI 48202 313-758-0150</p> <ul style="list-style-type: none"> • Offering mental health and case management services for families in need. <p>The Children’s Center 79 Alexandrine West Detroit, MI 48201 313-831-5535</p> <ul style="list-style-type: none"> • Offers emergency mental health screenings and ongoing support for children and teens <p>The following locations are offering teletherapy:</p> <table border="1" data-bbox="462 1801 1515 1864"> <tr> <td>Counseling Associates</td> <td>CNS Healthcare</td> <td>Grace Counseling Center</td> </tr> </table> | Counseling Associates | CNS Healthcare | Grace Counseling Center |
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| | <p>Lake Orion Counseling Center 6960 Orchard Lake Rd. Ste.100 West Bloomfield, MI. 48322 (248) 636-1500 www.counselingassociates.com</p> | <p>1841 North Perry St. Pontiac, MI. (248) 745-4900 www.cnshealthcare.org</p> | <p>20801 Moross Rd. Detroit, MI 48236 (313) 343-9000 www.grace-counseling.org</p> |
| | <p>Sollars and Associates (Multi-Lingual Therapist) 38271 Mound Rd. Ste.100 Sterling Heights, MI. 48310 (248) 913-6121 www.sollarsassociates.com</p> | <p>Lake Orion Counseling Center 3604 Clarkson Rd. Village of Clarkson, MI. 48348 (248) 595-9969 www.lakeorioncc.com</p> | <p>New Horizons Counseling Center 9844 Dixie Hwy IRA Township, MI 48023 (586) 716-7600 www.nhcounselingcenter.com</p> |
| | <p>Great Lakes Psychology Group/Online Therapy (800) 693-1916</p> | <p>Anxiety & OCD Treatment Center 2610 W. Liberty St. Ann Arbor, MI. 48103 (734) 368-9691</p> | |
| <p>Personal Needs</p> | <p>NEW: Live Rite Structured Recovery Corp. 586-217-5899 Food, Clothing or hygiene products https://www.liveritestructuredcorp.com/resources</p> <p>Here to Help Foundation www.heretohelpfoundation.org Provides assistance directly to individuals in need and facing an emergency situation. We help in five main areas:</p> <ol style="list-style-type: none"> 1. Road Ready Repairs (car repairs) 2. Roof Over Head (rent, security deposit) 3. Home Sweet Home (furniture) 4. Let's Keep the Lights On (utilities) 5. Working Cars for Working People (used vehicles to get to work) <p>We have requirements for approval, all of which are listed on the website.</p> <p>Feel free to send anyone our way that you feel qualifies for our assistance. We move very quickly and can usually provide help within 24-72 hours.</p> <p>Chaldean American Ladies of Charity</p> | | |

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| | <p>Contact person: Clair Konja for office use only but any case worker can assist 2033 Austin Dr, Troy, MI 48083 248-528-0130 or info@ucfamilyservices.org</p> <ul style="list-style-type: none"> • Type of service: Clothing/Food • County or counties served: Oakland/Macomb/Wayne • Hours of operations: Normal Hours/Day Mon-Fri 9am-5pm • Services are via Online/Telephone Due to the Covid-19 we are available by phone only (emergency situations will be by appointment only) • currently accepting clients? Yes <p>Detroit Area Agency on Aging: The Senior Solution 1333 Brewery Park Blvd., Ste. 200 Detroit, MI 48207 313.446.4444</p> <ul style="list-style-type: none"> • Please review this document for the services being offered The Senior Solution • Serving Detroit, Hamtramck, Harper Woods, Highland Park, and the 5 Grosse Pointes <p>Livingston County Human Services Collaborative Body</p> <ul style="list-style-type: none"> • Human Services Collaborative Body Updates The document contains resources for Livingston County for Food Assistance, Social/Emotional/Disabilities/Senior/recovery supports, Housing assistance, support for children, and other assistance <p>Lake Shore Legal Aid (Macomb County) Call Center is open and lawyers to advocate for clients are working remotely. PPO's, emergency guardianship power of attorney, preparation for a hearing, etc. 888-783-8190</p> <p>GROCERY PICK-UP/DELIVERY</p> <p>ST. CLAIR COUNTY:</p> <ul style="list-style-type: none"> • Neiman's Family Market: 1167 S. Carney Drive, St. Clair. 810-329-4535. Good to Go offers curbside pick-up for \$2.99. Place grocery order online and select an available pick-up time. http://www.neimansfamilymarket.com/onlinegroceries/ • Wolverine Market: 713 Huron Avenue, Port Huron. Offers curbside pick-up. Orders may be placed via phone by calling 810-982-0966 30 minutes before pick up. Orders will be brought to the car. Accepts credit cards over the phone or cash on arrival. <p>OAKLAND COUNTY:</p> <ul style="list-style-type: none"> • Neiman's Family Market: 7121 Dixie Highway, Clarkston. 248-625-6460. 6592 Telegraph Road, Bloomfield Twp. 248-970-7000. Good to Go offers curbside pickup for \$2.99. Place grocery orders online and select an |
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| | <p>available pick-up time. http://www.neimansfamilymarket.com/onlinegroceries/</p> <ul style="list-style-type: none"> ● Nino Salvaggio International Marketplace: 6835 Rochester Road, Troy. Fresh2Go service. https://online-ninosalvaggio.noq-servers.net/online Curbside pick-up and delivery available. (Delivery in Auburn Hills, Birmingham, Bloomfield Hills, Rochester, Troy, West Bloomfield) ● Holiday Market, Royal Oak: 1203 S Main St., Royal Oak. 248-541-1414. Offers curbside pick-up for \$5. Place grocery order online and select an available time for pick up. https://shop.holiday-market.com/ ● Calder Dairy Farm: \$3 Home Delivery of milk, bread, eggs, cheese and jellies/jams. Fill out the form online at https://calderdairy.com/home-delivery/ or call 313-381-8858 to place an order. **NOTE: Home delivery for new requests is suspended until after April 20th due to the amount of requests. (delivers to South Lyon and New Hudson in Oakland County) ● Social Birmingham- 225 E Maple Rd. , Birmingham. Restaurant offering vendor-direct produce boxes for curbside pick-up. Boxes of assorted fruit or assorted vegetables are \$10 and are first come first served. A bag of eggs and bread is \$5. Cash is dropped in a basket and food is loaded in the truck to avoid contact. ● COMO's Ferndale: 22812 Woodward Avenue, Ferndale. Restaurant offering vendor-direct produce boxes for curbside pick-up. Boxes of assorted fruit or assorted vegetables are \$10 and are first come first served. A bag of eggs and bread is \$5. Cash is dropped in a basket and food is loaded in the truck to avoid contact. ● MEX- 6675 Telegraph Road, Bloomfield Hills. Restaurants offering vendor-direct produce boxes for curbside pick-up between the hours 1:30PM-10PM. Boxes of assorted fruit or assorted vegetables are \$10 and are first come first served. A bag of eggs and bread is \$5. Cash is dropped in a basket and food is loaded in the truck to avoid contact. ● Beau's Grillery on West Maple- 4108 W Maple Rd. Bloomfield Hills. Restaurant offering vendor-direct produce boxes for curbside pick-up. Boxes of assorted fruit or assorted vegetables are \$10 and are first come first served. A bag of eggs and bread is \$5. Cash is dropped in a basket and food is loaded in the truck to avoid contact. <p>MACOMB COUNTY:</p> <ul style="list-style-type: none"> ● Nino Salvaggio International Marketplace: 27900 Harper Avenue, St. Clair Shores. 586-778-3650. Fresh2Go service. https://online-ninosalvaggio.noq-servers.net/online. Curbside pick-up and delivery available. (Delivery in Sterling Heights, Utica, Macomb, Mt. Clemens, Clinton Township) ● Vine & Joe's Gourmet Market: 41790 Garfield Rd., Clinton Township. 586-263-7870. Offering Curbside Bulk Boxes and Click-2-Curb grocery |
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| | <p>pick-up. Place a grocery order online and select an available time for pick up. https://shop.vinceandjoes.com/shop</p> <p>LIVINGSTON COUNTY</p> <ul style="list-style-type: none">• VG's- 2400 W Grand River, Howell. 517-548-3065. First 3 orders are free curbside pick-up; after that subscriptions are \$16.95/month or \$49/year. https://www.shopthefastlane.com/ **NOTE: Currently offering a special for \$29/year through April 11.• Simply Fresh Market: 7300 Grand River Rd., Brighton. 810-360-4292. Offers free curbside pick-up or delivery for a small fee depending on distance. https://www.simplyfreshmarket.com/ <p><u>Detroit area community resources</u></p> <p>Located at this link are resources for energy, financial, food, health, housing, internet and cell phone service, mental health counseling, transportation, unemployment, and water resources for three Detroit area counties: Macomb, Oakland and Wayne. The link will be updated with new resources and contacts as available.</p> |
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Ascension Borgess, Borgess-Lee (Kalamazoo and Cass Counties)

If you are aware of additional resources and or updates to the listings below, please contact **JoDee Rolfe**, Community Benefit Manager (jodee.rolfe@ascension.org)

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| <p>Shelters</p> | <p><u>Kalamazoo County:</u></p> <p>Kalamazoo, Calhoun & Cass counties: 2-1-1 (as of 3/30/20)</p> <ul style="list-style-type: none"> ● The most updated services for vulnerable clients may be found by calling 2-1-1 ● Offering Spanish speaking staff now as well <p>NEW ** Ascension associates responsible for or involved in discharging any patients: (as of 4/24/20)</p> <p><i>For patients who are homeless or do not have an appropriate isolation site and who have:</i></p> <ol style="list-style-type: none"> 1) Tested positive for COVID-19 and is not being admitted - patient is deemed <u>stable at this time</u> 2) Has seen a provider and the provider recommends isolation based on symptoms that are consistent with COVID-19 3) Has not seen a provider but has all of the following symptoms: <ol style="list-style-type: none"> a) Fever b) Cough c) Shortness of breath <p>Call the main Kalamazoo County Health & Community Services (KCHCS) COVID-19 phone number 269-373-5200 and select option 1</p> <p>The Communicable Disease (CD) Nurse will answer calls Monday - Friday, from 8 am - 5 pm. If unavailable, please leave a message for a timely call-back For calls after-hours or during weekends, providers can call 269-377-4962 - the KCHCS Emergency Hotline number.</p> <p>The CD Nurse, after assuring referral criteria is met, will collect the appropriate intake information for potential placement in the regional isolation/quarantine hotline.</p> |
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NOTE: if the patient has not seen a provider, they must be assessed before placement in a hotel by KCHCS Communicable Disease staff or the KCHCS Medical Director. Patients with at least 2 or more symptoms must be seen by a provider; nurse will redirect to call Urgent Care or hospital Emergency Departments for assessment.

For additional information, please email JoDee Rolfe at jodee.rolfe@ascension.org; or call 269-209-4678. A document may be shared with internal Ascension associates outlining the full procedures and protocol or click the following link (accessible by Ascension associates only.)
https://drive.google.com.us.cas.ms/file/d/1P0sTQYJqTQP4V4E9VNuEE_6zErOrq1ul/view

The River Church - Alternate Day Shelter (as of 4/15/20)

517 Walbridge Street, Kalamazoo

Contact: Integrated Services of Kalamazoo - 269-553-8000

- Open 7 days a week
- 8 am - 4 pm
- Site will be capped at 45 individuals to allow for proper social distancing
- Lunch will be served on site
- Guests are being asked to sign-in to identify who is utilizing and where they may be sheltering at night

Kalamazoo Gospel Mission - (as of 4/3/20)

448 N Burdick Street, Kalamazoo

Contact: Pastor Michael Brown, President/CEO, 269-345-2974

- The mission has been given "hospital" status which allows them to keep their doors open to anyone in need.
- The mission provides shelter overnight.
- Currently not at capacity, but close.
- Limited space for isolation and/or quarantine of guests
- Allowing day shelter space short-term (additional day shelter space being coordinated by the City of Kalamazoo and Kalamazoo County Health and Community Services) - individuals must stay inside until the next scheduled meal time before they leave the building (discouraging people from coming and going throughout the day)
- Receiving notification from Bronson of anyone being tested (and not admitted) for COVID-19 who reports staying at the mission.

Ministry with Community - (as of 4/15/20)

500 N Edwards Street, Kalamazoo MI

Contact: Kelly Henderson, Executive Director, 269-343-6073 x130 or Janet Karpus, Associate Director, 269-343-6073 x138

- provides drop-in day shelter, meals.
- Open 7 days a week
- Shelter is taking temperature of all guests before they come inside
- Since 3/21 they allow 45 members inside at one time to attempt to allow for social distancing.
- First group (max of 45) allowed inside 6:30 am - 11 am
- Building closed from 11 am - noon for cleaning/sanitizing
- Second group (max of 45) allowed inside from noon - 4:30 pm
- They are at capacity.
- One small room available for isolation/quarantine of guests

YWCA (as of 4/1/20)

353 E Michigan Avenue, Kalamazoo

Contact: Dr. Grace Lubwama, CEO, 269-345-5595

24 hour Crisis Line - 269-385-3587

- shelter for domestic violence victims only, nearing capacity
- shelter and therapy, legal and abuse support services remain open to the community
- Sexual Assault Nurse Exam (SANE) program and Emergency Response Team (ERT) are available to the public and the onsite shelter for survivors of domestic abuse
- Koru House, the Human Trafficking Shelter remains open and accessible for clients
- Limited lobby hours
- One guest room available and being prepared for potential isolation/quarantine space
- Hotline and operations running 24/7

Catholic Charities - (as of 3/27/20)

1819 Gull Road, Kalamazoo

Contact: Dr. Don Bouchard, Executive Director, 269-381-9800

- ARK Shelter - 13 youth beds - one bed currently filled
- ARK Youth Independent Living - at capacity currently

Integrated Services/Kalamazoo County Community Mental Health (as of 3/27/20)

2030 Portage Street, Kalamazoo

Contact: Erica Patton, Oakland Shelter House, 269-532-1270; Main housing line, 269-364-6945

- operates 2 shelters (unsure of capacity status)
- No space for isolation or quarantine as they operate congregate shelters

Open Doors (as of 4/1/20)

1141 S Rose Street, Kalamazoo

Contact: Executive Director, Stephanie Hoffman: shoffman@odkzoo.com;

- Women's shelter, has 5 beds
- Currently does not have the capacity to shelter people who are positive for COVID-19, are waiting for test results, or in need of a place to quarantine.
- They are preparing our old women's shelter as a place to serve *current* guests who may test positive

Housing Resources Inc. (HRI) (as of 3/30/20)

420 E Alcott St #200, Kalamazoo (offices closed to public at this time)

Contact: Julie Hoover, Director of Operations, 269-488-0916 or jhoover@housingresourcesinc.org, or 269-382-0287

- Offers assistance with rent and evictions
- There is currently a temporary suspension of evictions in Michigan under the March 20, 2020 Governor's executive order until April 17, for now.
- Staff working virtually to assist clients

Hospital Hospitality House

825 South Burdick Street and 1800 Henson Avenue, Kalamazoo

Contact: www.hhhkz.org or 269-341-7811

- The Hospital Hospitality House of Southwest Michigan, Inc is continuing to provide services during the COVID 19 crisis.
- Provides accommodations to people who are from out of town, supporting a family member in one of the local hospitals.
- Please visit our website at www.hhhkz.org
- Open 365 days a year, serving guests from all Michigan counties, all 50 states and many foreign countries
- no-cost overnight accommodations and/or day use of the House for those needing to rest.
- Each location offers a stocked kitchen, laundry facilities, family visiting area, children's play areas and a relaxing patio and garden area.

United Way of Greater Battle Creek and Kalamazoo - Coordinates Continuum of Care for Homeless in Kalamazoo with Disaster Relief Funds. Alyssa Stewart, astewart@uwbckr.org, VP Impact and Engagement

[Calhoun County:](#)

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| | <p>Haven of Rest Ministries/Inasmuch House (as of 4/6/20) 11 Green Street, Battle Creek Contact: 269-965-1148</p> <ul style="list-style-type: none"> Men’s shelter (Haven of Rest) is not accepting new intakes, has moved public drop-in overnight shelter to Full Blast (see below) Inasmuch House (for women and families) - overnight from 11 pm - 6 am. <p>Full Blast/City of Battle Creek - Warming Shelter & Overnight Shelter for Men (as of 4/15/20) 35 Hamblin Avenue, Battle Creek Contact: 269-966-3667</p> <ul style="list-style-type: none"> Warming center open 7 am - 9 pm Men’s overnight shelter (* men only) open from 11 pm -7 am Providing 3 meals per day Allowing only the first 50 individuals in the building for both day and night shelters, though they have not reached capacity, and do not anticipate doing so. <p>Summit Pointe (as of 3/30/20) 140 West Michigan Avenue, Battle Creek Contact: 269-966-1460, Open Monday - Friday 8 am - 5 pm</p> <ul style="list-style-type: none"> Limited <i>potential</i> resources - call for more information through their Housing Assessment Resource Agency <hr/> <p><u>Cass County:</u></p> <p>Southwest Michigan Community Action Agency 185 S Main Street, Benton Harbor Contact: 269-605-4526, main office: 269-925-9077</p> <ul style="list-style-type: none"> Emergency Shelter for women, children and families for up to 90 days, with referral from DHS. <p>Keystone Place 505 E. Market Place, Centreville Contact: 269-467-7078</p> <ul style="list-style-type: none"> Business Hours: Monday - Friday, 8:30 am - 5 pm |
| Food | <p>ALL COUNTIES</p> <p>Double Up Food Bucks</p> <ul style="list-style-type: none"> Effective immediately there is no limit on Double Up Food Bucks! |

- Visit the program's website for more details and to learn about other resources available to help families get healthy food.
<https://www.doubleupfoodbucks.org/resources/covid-19/>
- Meal distributions are available in communities across the state
<https://www.doubleupfoodbucks.org/locations/>

Catholic Charities Diocese of Kalamazoo CCDOK (as of 4/6/20)

1819 Gull Road, Kalamazoo

Contact: Dr. Don Bouchard, Executive Director, 269-381-9800, email: info@ccdok.org; <https://ccdok.org/covid-19-response/>

- CCDOK has established food distribution centers throughout the Diocese of Kalamazoo
- **TO RECEIVE FOOD:** Call anytime at **(269) 910-3578** and you will be added to the weekly distribution list (leave a message if the phone is not answered and they will call you back within 24 hours).
- REGIONAL LOCATIONS are available for pick-up:
 - Northern Regional Location: St. Peter Catholic Church in Douglas
 - Eastern Regional Location: St. Phillip Catholic Church in Battle Creek
 - Southern Regional Location: St. Charles Borromeo Catholic Church in Coldwater
 - Southwest Regional Location: St. Joseph Catholic Church in St. Joseph

[Kalamazoo County:](#)

[Kalamazoo, Calhoun & Cass counties:](#) 2-1-1 (as of 3/30/20)

- The most updated services for vulnerable clients may be found by calling 2-1-1
- Offering Spanish speaking staff now as well

www.kalamazoopublicschools.org

Contact: Chartwells/KPS Food Service - 269-337-0458

- offering grab and go lunches Monday, Wednesday and Fridays at a variety of sites around Kalamazoo.
- Seven days worth of breakfasts and lunches will be distributed to students
- Meals are free to all children 18 years of age and younger *and* persons up to age 26, who are enrolled in an educational program for the mentally or

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| | <p>physically disabled that is recognized by a state or local public education agency</p> <ul style="list-style-type: none"> • No proof of income is required • 11:30 am - 12:30 pm at all Kalamazoo Public Schools buildings except Greenwood, Indian Prairie and Winchell elementary schools, the Alternative Learning Program/ALP, and South Westnedge School. • 11:30 am - Noon - Interfaith, 1037 Interfaith Blvd. • 11:30 am - Noon - Eastside Neighborhood Association, 1301 E Main St • 12:30 pm - 1 pm - Fox Ridge Apartments, 1320 Fox Ridge Drive • 12:30 pm - 1 pm - New Village Park, 2500 St. Albans Way • Service will run through April 3, 2020 <p>Portage Public Schools (as of 3/30/20) Contact: https://portageps.org/be-informed/coronavirus/</p> <ul style="list-style-type: none"> • Take and go meals offered Monday, Wednesday and Friday • Mondays – 2 lunches and 2 breakfasts will be handed out at all current mobile sites and at Milham Meadows and PCEC. • Wednesdays – 2 lunches and 2 breakfasts will be handed out at all current mobile sites and at Milham Meadows and PCEC. • Fridays – 3 lunches and 3 breakfasts will be handed out at all current mobile sites and at Milham Meadows and PCEC. • Check website for locations and times <p>Kalamazoo Gospel Mission Ministry with Community (as of 4/3/20) 448 N Burdick Street, Kalamazoo Contact: Pastor Michael Brown, President/CEO, 269-345-2974</p> <ul style="list-style-type: none"> • offering to-go breakfast and lunch. • Gospel Mission limits food service to under 100 people at one given time. <ul style="list-style-type: none"> ○ Extending meal times to accommodate the increase in numbers of individuals seeking food. <p>Ministry with Community (as of 4/15/20) 500 N Edwards Street, Kalamazoo MI Contact: Kelly Henderson, Executive Director, 269-343-6073 x130 or Janet Karpus, Associate Director, 269-343-6073 x138</p> <ul style="list-style-type: none"> • Offering to-go breakfast and lunch • Open 7 days a week • Shelter is taking temperature of all guests before they come inside • Since 3/21 they allow 45 members inside at one time to attempt to allow for social distancing. • First group (max of 45) allowed inside 6:30 am - 11 am • Building closed from 11 am - noon for cleaning/sanitizing • Second group (max of 45) allowed inside from noon - 4:30 pm |
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Meals on Wheels (as of 4/15/20)

<https://seniorservices1.org/food/meals-on-wheels/>

Contact: 269-382-0515 x300 or meals@seniorservices1.org

- Meals on Wheels can provide up to two meals per day, seven days a week.
- With each delivery, individuals receive a lunch and, often, a meal for dinner.
- Frozen meals can also be delivered for a weekend meal.
- Supplies are replenished weekly

Kalamazoo Loaves and Fishes Food Pantry (as of 4/3/2020) www.kzoolf.org

Contact: 269-343-3663

- providing pre-boxes food for curbside pick-up, at least four days' worth of food for every member of the household.
- Call 269-343-3663 to schedule a pick-up time. Mobile Food Distribution at various sites throughout the city on different dates. Mobile Food distributions are still on schedule - <http://kzoolf.org/mobile-food-initiative/> has the full schedule
- Pick-up available only at the main facility (901 Portage Street, Kalamazoo)
- If you cannot get to the pick-up location, call and they will figure out how to get food to individuals - piloting small-scale delivery service, delivering to home-bound clients. Call 269-343-3663 to inquire about this service
- Also accepting calls from caseworkers to pick on behalf of their clients - 269-488-8918.
- Or if you have special needs as an agency - call main line and put in your request - 269-488-2617 or write directly to jennifer@kzoolf.org.
- Contact them through Facebook or at info@kzoolf.org

South County Community Services (as of 4/3/20)

606 Spruce Street, Vicksburg

Contact: 269-649-2901, southcountycs.com

- Serving the southern Kalamazoo County areas
- Providing preboxed food from Loaves and Fishes
- Call 269-649-2901 and talk to Austin to schedule a pickup
- Boxes are being distributed from 10 am - 12 pm out of their office, but you must call to make an appointment first.
- They are also beginning to start food deliveries
- Business Hours Monday - Thursday, 9 am - 5 pm

Christian Neighbors (as of 4/15/20)

282 12th Street, Plainwell

Contact: 269-685-4166, christianneighbors.org

- Serve Plainwell & Otsego school districts
- Clients are able to shop the food pantry once per calendar month and receive enough food for three meals each day for five days.
- When available, diapers, personal hygiene products, cleaning supplies, paper supplies and over the counter medications can also be selected.
- Hours:
 - Monday - 10 am - Noon and 4 pm - 6 pm
 - Tuesday - 10 am - Noon
 - Wed - CLOSED
 - Thursday - 3 pm - 5 pm
 - Friday - CLOSED

South Michigan Food Bank (as of 4/15/20)

5451 Wayne Rd., Battle Creek

Contact: 269-964-3663

- Fresh food distribution at Valley Family Church - 2500 Vincent Avenue, Portage, MI
- Every week - Tuesdays from 5:30 pm - 7:30 pm

Salvation Army (as of 4/15/20)

1700 South Burdick Street, Kalamazoo

Contact: 1-800-SAL-ARMY

- Provides emergency food and personal items
- Households in need may acquire food up to four times per year, or every three months.
- The amount of food each household receives is based on the number of individuals in the home
- Please call the office to schedule an appointment for pantry assistance

Boys & Girls Club of Greater Kalamazoo (as of 4/20/20)

Contact: 269-349-4485; 915 Lake Street, Kalamazoo; info@bgckzoo.org

- Food and Supplies distributed every Friday 11 am at all 3 club locations:
 - 915 Lake Street, Kalamazoo
 - 1000 West Paterson Street, Kalamazoo (Douglas Community Center)
 - 2433 Gertrude Street, Kalamazoo, Northeastern unit
 - Food, toilet paper, soap, feminine hygiene products

Comstock Community Center (as of 4/20/20)

Contact: 269-345-855; www.comstockcc.com

6330 King Highway, Kalamazoo

- Food Pantry open Tuesday and Thursdays 1 pm - 3 pm; walk-ins

- Delivering food and prescriptions to home-bound seniors living on the east-side of Kalamazoo
- Call for food or prescriptions - leave your name, number of people in your household and a phone number

Calhoun County:

South Michigan Food Bank (as of 3/31/20)

5451 Wayne Rd., Battle Creek

Contact: 269-964-3663

- Most pantry sites closed
- Share Center - drop in center is closed, but continues to provide to-go meals
 - 129 Grove Street, Battle Creek
 - Breakfast served every morning except Saturday, 9:30 am - 10:30 am
 - Lunch served every day 12 noon - 1 pm, Saturday brunch, 11 am - noon
 - Dinner - Every night 5:30 pm - 6:30, Friday dinner: 6 pm - 7 pm
 - Homeless consumers should go to Full Blast, sheltered should go to 120 Grove Street for these carry-out meals
- Community Missionary Baptist Church, church closed - call if in need of emergency food box: 269-965-6211
- Call for assistance with acquiring food

Meals on Wheels/Senior Services (as of 4/15/20)

918 Jasper Street, Kalamazoo, MI

Contact: 269-382-0515 x350 or email to mealscalhoun@seniorservices1.org

- Meals on Wheels can provide up to two meals per day, seven days a week.
- With each delivery, individuals receive a lunch and, often, a meal for dinner.
- Frozen meals can also be delivered for a weekend meal.
- Supplies are replenished weekly

Full Blast/City of Battle Creek - Day Shelter (as of 4/15/20)

35 Hamblin Avenue, Battle Creek

Contact: 269-966-3667

- Warming center open 7 am - 9 pm
- Breakfast is from 9:30 a.m. to 10:30 a.m. every morning, except Saturday.
- Lunch is 12 p.m. to 1 p.m., except Saturday brunch 11 a.m. to 12 p.m.
- Dinner is 5:30 p.m. to 6:30 p.m. daily, except Friday dinner 6 p.m. to 7 p.m.
- Allowing only the first 50 individuals in the building

SHARE Center (as of 4/15/20)

120 Grove Street, Battle Creek

Contact:

- Carryout meals are available for those not housed in a shelter
- Breakfast is from 9:30 a.m. to 10:30 a.m. every morning, except Saturday.
- Lunch is 12 p.m. to 1 p.m., except Saturday brunch 11 a.m. to 12 p.m.
- Dinner is 5:30 p.m. to 6:30 p.m. daily, except Friday dinner 6 p.m. to 7 p.m.

Salvation Army (as of 3/31/20)

400 Capital Avenue NE, Battle Creek

Contact: 1-800-SAL-ARMY

- The Food Pantry and Sally's Kitchen will remain open with changes to maintain 6 feet apart distance.
- In the Kitchen, Take-out orders will be encouraged for meals, one per person who is not eating in the dining room.
- Chairs will be placed to keep proper seating distances. People cannot move chairs.
- The pantry will allow 2 people in the lobby area at a time. The remaining clients will wait in the hallway in properly spaced chairs.
- The front office will remain closed. Phones will be answered by Social Services.
- Non essential staff will not be working from the office until further notice.

Marshall Public Schools (as of 3/30/20)

- Beginning on, Wednesday March 25th, distribution sites will be "pick-up" only and families will be expected to follow the 6 foot separation guidance from health professionals.
- Food pick-up will be available on Mondays, Wednesdays, and Fridays from 11:00 A.M. to 12:30 P.M.
- The pickup sites will be as follows: Marshall Locations: Gordon Elementary, Hughes Elementary, Marshall Middle School Albion Locations: Marshall Opportunity High School, Crowell School, Harrington Elementary

Pennfield Schools (as of 4/15/20)

Contact: 269-441-9857

- Meet and Eat Up student meals program open and operating
- Free lunches Monday, Wednesday and Friday 11:30 am - 12:00 pm
- Call for more information

Harper Creek Schools (as of 4/16/20)

Contact: Food Hotline: Monday - Friday 8 am - 12 pm - 269-441-8543;

<http://www.harpercreek.net/cms/One.aspx?portalId=443452&pageId=13262394>

- Meet Up and Eat Up student meals program open and operating
- Meals will be able to be picked up on Monday, Wednesday and Friday
- Wattles Park Elementary, Sonoma Elementary, High School Auditorium
- 10 am - 12 pm
- Two days of breakfast and lunch will be given out
- Three days of food will be given out on Fridays
- Additional community sites on website

Lakeview Schools (as of 3/30/20)

Contact: <https://www.lakeviewspartans.org/domain/349>

- Meals are free to all children ages 18 years and younger and can be picked up by any child or adult
- Meals are available every day, Mon-Friday
- 11 am - 12 noon - Lakeview Middle School
- 12 noon - 1 pm - Prairieview & Riverside schools
- 1 pm - 2pm Minges Brook parking lot

Battle Creek Public Schools (as of 3/30/20)

Contact:

<https://www.battlecreekpublicschools.org/news/covid-19-meal-pickup-information-2>

- Meal pick up locations found on the website

Cass County:

Southwest Michigan Community Action Agency (as of 4/16/20)

Contact: 269-925-9077, www.smcaa.com/covid-19

- Food Distribution Sites found on website under special COVID_19 section
- Cassopolis and Dowagiac sites for food pick-up
- Family Food Distribution - Special event - April 30, 10 am - 12:30 pm
 - 331 Miller Street, Benton Harbor, MI 49022
 - SMCAA staff will take each client's name and zip code while he/she is in the drive thru line
 - Only 2 households allowed per vehicle; NO MORE than 2 food boxes will be provided per vehicle
 - Clients will be asked to remain in their vehicles; No client is to leave his/her vehicle at any moment while in the drive-thru
 - Food boxes will ONLY be placed in the trunk or tailgate of vehicles; boxes will NOT be allowed in passenger or back seats, please be sure you have room cleared
 - Only SMCAA staff and volunteers will open, load, and close vehicle trunk/tailgate

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| | <p>Meals on Wheels - Cass County Council on Aging (COA) (as of 3/27/20) Contact - 269-445-8110</p> <ul style="list-style-type: none"> ● Take-out Meals: <ul style="list-style-type: none"> ○ Nutritionally-balanced hot meals will be served from the Lowe Center in Cassopolis on a "Take Out" basis. ○ Cost: Free* for people 60 and older & \$5.50 for people under 60 ○ Lowe Center Monday - Friday between 11:45am and 1:00pm ○ <i>Free (a \$3.00 donation is suggested for those who are able) price is for Cass County residents that are 60 or older and will fill out a <u>NAPIS / Nutrition Registration Form</u> for nutrition reporting to the State of Michigan.</i> ● Meals on Wheels/Home Delivered Meals <ul style="list-style-type: none"> ○ Nutritionally-balanced hot meals delivered to your home by COA employees ○ Cost: \$4.00 (meal) & \$4.50 (meal + roll and milk)* ○ How to Get: Call the Care Services Department at (269) 445-8110 to set up home delivery or email adrienneg@casscoa.org ○ * \$4.00 & \$4.50 prices are for Cass County residents that are 60 or older and will fill out a NAPIS / Nutrition Registration Form for nutrition reporting to the State of Michigan ● 5 Free Frozen Meals <ul style="list-style-type: none"> ○ A one-time allotment of 5 Frozen, nutritionally-balanced meals for Cass County seniors who are planning to self-quarantine. ○ Call the Care Services Department at (269) 445-8110 to set up a delivery or to schedule a pick-up time. ○ Cost: Free* ○ * Free price is for Cass County residents that are 60 or older and will fill out a NAPIS / Nutrition Registration Form for nutrition reporting to the State of Michigan. |
| <p>Transportation</p> | <p>Kalamazoo:</p> <p>Kalamazoo, Calhoun & Cass counties: 2-1-1 (as of 3/30/20)</p> <ul style="list-style-type: none"> ● The most updated services for vulnerable clients may be found by calling 2-1-1 ● Offering Spanish speaking staff now as well <p>Metro: www.kmetro.com (Effective 4/2/20 until further notice) Contact: (269) 350-2970</p> |

- No fixed route service until further notice
- Metro Connect demand-response service providing single passenger trips to ensure social distancing on all vehicles on a first-come, first-served basis.
- When scheduling rides with Metro Connect, priority will be given to reservations for life sustaining medical trips, employment trips for grocery and medical service providers, and trips for buying groceries or medicine.
- Trips for essential workforce, medically necessary trips, and grocery and pharmacy will be verified during scheduling
- Rides using Metro Connect can be scheduled by calling 269-350-2970 seven days a week from 8 am to 5 pm.
- Transportation will be provided
 - Monday through Friday 6 am to midnight, with employment for grocery and medical service providers and medical trips only after 7 pm.
 - Saturday: 6 am to 10 pm for grocery and medical service providers and medical trips only
 - Sunday: 8 am to 6 pm for grocery and medical service provider trips only
- An essential workforce trip includes health care workers, emergency medical service providers, first responders, law enforcement, sanitation workers, childcare providers, postal workers, transit workers, grocery store workers or others providing supplies, goods or equipment or those others providing critical infrastructure to Michigan.
- Saturday and Sunday use of Metro Connect will need to be pre-scheduled the day before.
- During this time, rides will be fare-free

South County Community Services (as of 4/3/20)

606 Spruce Street, Vicksburg

Contact: 269-649-2901, southcountycs.com

- Serving the southern Kalamazoo County areas
- Offering transportation to seniors and people with disabilities in their service area
- Call contact number 269-649-2901 and talk to Tamra
- Asking that riders confirm they are symptom-free and that they use the service only for essential appointments
- Business Hours Monday - Thursday, 9 am - 5 pm

[Calhoun County](#)

Community Action Agency of South Central Michigan (as of 3/30/20)**Contact: 1-877-422-2726**

- Transportation program will be modified for a reduced number of passengers with grocery or medical needs only. Clients who exhibit signs of sickness may not ride.
- If clients have questions on their ride please call 1-877-422-2726.

Battle Creek Transit (BCT) (as of 4/16/20)**Contact: 269-966-3474**

- Starting Saturday, March 28, 2020 service is temporarily suspended for BCGo. This service change will remain in place until further notice.
- BCT is still operating our regular bus and Tele-Transit services Monday – Friday from 5:15am until Midnight and Saturday from 9:15am until 5:15pm.
- BCT is implementing fare free trips and asking all passengers to board the bus from the rear door.
- Passengers using mobility aids, such as wheelchairs or walkers, may continue to board at the front with the assistance ramp.
- Only ride the bus if you have to. BCT is discouraging all non-essential travel on buses. Please stay home if you can.
- If you have any questions regarding our services or need help planning your essential trip, please contact us at 269-966-3474.

Cass County:**Cass County Transit (as of 3/25/20) - www.mywaythere.org/cass.asp****Contact: 269-445-2455**

- Service and operation hours are from Monday - Friday: 6:00 am - 5 pm

Cass County Council on Aging (COA) (as of 4/16/20)**<https://www.casscoa.org/care-services/medical-transport>****Contact: 269-445-8110**

- medical transport to and from out-of-county medical appointments
- COA is providing Home Care Assistance to existing priority clients and medical transport to high priority appointments such as dialysis and cancer treatments.
- If a patient is wheelchair-bound and needs to use a wheelchair accessible van, please be sure to advise the transportation coordinator when setting up the appointment.

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| Stress & Anxiety, Self-Help Resources | <p>Kalamazoo, Calhoun & Cass counties: 2-1-1 (as of 3/30/20)</p> <ul style="list-style-type: none">• The most updated services for vulnerable clients may be found by calling 2-1-1• Offering Spanish speaking staff now as well <p>Headspace (as of 4/20/20)</p> <p>Contact: headspace.com/mi</p> <ul style="list-style-type: none">• Free meditation and mindfulness exercises <p>Kalamazoo</p> <p>Pine Rest Christian Mental Health Services (as of 4/16/20)</p> <p>Contact: 616.455.9200 or 800.678.5500</p> <p>https://www.pinerest.org/pine-rest-response-to-covid-19/</p> <ul style="list-style-type: none">• Outpatient clinics providing telehealth services• The Adult Partial Hospitalization program is using Telehealth Services to provide care<ul style="list-style-type: none">○ Please call 616-455-9200 or 800-678-5500 to schedule an initial evaluation, which will take place in-person on their campus.○ A follow-up treatment will be conducted via a HIPAA-compliant telehealth service• Psychiatric Urgent Care Center accepting patients• Specific links for managing stress and anxiety around COVID-19 on organization's website <p>COPE Network (as of 4/13/20)</p> <p>Contact: 269-224-0566 - call or text; https://www.copenetwork.org/</p> <ul style="list-style-type: none">• Distributing Naloxone/Narcan kits to anyone in need.• Also available for consultations and resource recommendations• If someone is struggling with isolation, reach out.• Have cancelled in-person classes and events, or have switched to online meetings• COPE provides resources for people with substance use disorder (SUD), as well as resources for their loved ones and the community at large, all |
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while using a harm reduction approach to substance use and substance use disorder.

- Covers Barry, Berrien, Brach, Cass, Calhoun, Kalamazoo, St. Joseph, and Van Buren counties.

InterAct of Michigan (as of 4/13/20)

Contact: 269-381-3700, <https://www.interactmich.org/>

- Mental health and substance abuse services
- Building is closed to public, but services continue, call main number
- Encouraging current patients to call their case managers, therapist or the direct line - 269-381-3700

Integrated Services of Kalamazoo (as of 4/16/20)

- Crisis Hotline - 1-888-373-6200
- Resources for youth, families and adults with mental illnesses, intellectual and developmental disabilities, and substance abuse disorders
- For current patients of the Integrated Health Clinic:
 - Call the Nurse Triage Line at 269-553-7052 if you have medication questions

Catholic Charities Diocese of Kalamazoo CCDOK (as of 4/6/20)

1819 Gull Road, Kalamazoo

Contact: Dr. Don Bouchard, Executive Director, 269-381-9800, email: info@ccdok.org; <https://ccdok.org/covid-19-response/>

- If you are in need of counseling, case management, or other services, they will be available VIRTUALLY, using services like FaceTime or Zoom.
- Please call 269-381-9800 and the receptionist will schedule/confirm your appointment with your case manager or counselor.
- They will make sure you are still able to get the service you need.

HOPE thru Navigation (as of 4/7/20)

Contact: 269-775-1221 or 269-216-8278

- Serves individuals and families with criminal backgrounds, Substance Use Disorders, and/or history of chronic homelessness due to above noted factors.
- Individuals can reach out directly via cell: 269-216-8278 or office line: 269-775-1221 officeofhope18@gmail.com
- There is also a Direct Referral Form organizations can use specifically for ER COVID related basic needs (including minute phones.)

Community Healing Centers (as of 4/13/20)

2615 Stadium Drive, Vicksburg

Contact: 269-382-9820 for detox/residential or 269-343-1651 for outpatient

- Provide treatment services for those with substance use disorders.
- The Gilmore inpatient detox/residential facility is open and operating with a reduced client population for social distancing.
- Also continuing outpatient services through telehealth

Gryphon Place Crisis Helpline (as of 3/30/20)

Contact: 269-381-4357 (HELP)

- Helpline operated 24/7, 365 days
- Offering real-time assistance in Spanish as well

LIFELINE National Suicide Prevention Line (as of 4/13/20)

Contact: 1-800-273-TALK (1-800-273-8255)

- Calls answered by Gryphon Place for Kalamazoo County

Youth Mobile Crisis Unit (as of 4/13/20)

Contact: 269-373-6000

- youth in Kalamazoo County who are in a mental health and/or substance use crisis, Mobile Crisis Response is a local response operating and there are no eligibility requirements except that they live in Kalamazoo County.
- Phones answered by Gryphon Place after hours and calls are forwarded to Mobile Crisis Response.



Legal Aid of Western Michigan (as of 3/30/20)

Contact: (operating remotely) - 269-344-8113 or online:
<https://lawestmi.org/i-need-help/>

Calhoun County:

Summit Pointe (as of 4/16/20)

140 West Michigan Avenue, Battle Creek

Contact: 269-966-1538 or 1-800-632-5449; <https://www.summitpointe.org/>

Crisis Line 24 hours: 1-800-632-5449

- Numerous behavioral health programs offered
- Youth Mobile Crisis: 269-441-5945
- Now offering Free online Community Groups - links on website: [FREE Community Groups!](#)
 - Mental Health - Tuesdays, 6-7 pm and Thursday, 10- 11 am
 - Substance Recovery Support Group - Wednesdays 3 - 4pm
 - Check website for group guidelines

COPE Network (as of 4/13/20)

Contact: 269-224-0566 - call or text; <https://www.copenetwork.org/>

- Distributing Naloxone/Narcan kits to anyone in need.
- Also available for consultations and resource recommendations
- If someone is struggling with isolation, reach out.
- Have cancelled in-person classes and events, or have switched to online meetings
- COPE provides resources for people with substance use disorder (SUD), as well as resources for their loved ones and the community at large, all while using a harm reduction approach to substance use and substance use disorder.
- Covers Barry, Berrien, Brach, Cass, Calhoun, Kalamazoo, St. Joseph, and Van Buren counties.

Senior Resource Call Center of CareWell Services (as of 4/1/20)

Contact: 269-441-0930 or 1-800-626-6719; <http://carewellservices.org/>

- Available between 8:00 a.m. and 4:30 p.m. to answer questions, provide resources, and help seniors meet any needs they may have as they continue to limit their contact, and reduce their risk of contracting COVID-19.
- A team of volunteers is able to deliver groceries, prescriptions, pet food, or personal care items. We
- Can help with home-delivered meals or a Personal Emergency Response button.
- Can answer any questions and help connect with the services needed

Telephone Reassurance Program (as of 4/1/20)

Contact: 269-966-2450

- Seniors looking to stay connected with someone during this time of social distancing are invited to sign up for the Telephone Reassurance Program.
- Volunteers will call them at least weekly to check on their well being, identify any needs, or provide a person-to-person friendly visit over the phone.
- To sign up, call 269-966-2450.

Legal Services of South Central Michigan (as of 3/30/20)

Contact: 269-965-3951 or 1-800-688-3951; <https://lsscm.org/coronavirus>

Cass County:

Cass County Council on Aging (COA) (as of 3/27/20) - C.A.R.E program (Call and Reassure Elders)

Contact: 269-445-8110

- Free telephone reassurance program for Cass County seniors who are homebound or living alone.
- Volunteers call participants each weekday (or on a schedule to fit your needs) to check on your well-being and have a friendly conversation.

COPE Network (as of 4/13/20)

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| | <p>Contact: 269-224-0566 - call or text; https://www.copenetwork.org/</p> <ul style="list-style-type: none"> • Distributing Naloxone/Narcan kits to anyone in need. • Also available for consultations and resource recommendations • If someone is struggling with isolation, reach out. • Have cancelled in-person classes and events, or have switched to online meetings • COPE provides resources for people with substance use disorder (SUD), as well as resources for their loved ones and the community at large, all while using a harm reduction approach to substance use and substance use disorder. • Covers Barry, Berrien, Brach, Cass, Calhoun, Kalamazoo, St. Joseph, and Van Buren counties. <p>Legal Aid of Western Michigan (as of 3/30/20)</p> <p>Contact: (operating remotely) - 269-344-8113 or online: https://lawestmi.org/i-need-help/</p> |
| <p>Personal Needs</p> | <p>Kalamazoo, Calhoun & Cass counties: 2-1-1 (as of 3/30/20)</p> <ul style="list-style-type: none"> • The most updated services for vulnerable clients may be found by calling 2-1-1 • Offering Spanish speaking staff now as well <p>Kalamazoo</p> <p>NEW - Dispensary of Hope - Prescription Assistance through Ascension Borgess Outpatient Pharmacy 1521 Gull Road, Kalamazoo Contact: 269-226-8336</p> <ul style="list-style-type: none"> • Program serves patients who are: <ul style="list-style-type: none"> ○ Uninsured, low income hospital patients discharged and identified as being at risk to not fill discharge prescriptions and therefore at risk for readmission ○ Uninsured, low income patients who are in the waiting period for federal and state insurance coverage ○ Uninsured, low income undocumented patients who are ineligible for other pharmacy services ○ Uninsured, low income patients who cannot afford medication |

- Please contact the pharmacy or social work or care management to determine if a patient qualifies, inventory of Dispensary of Hope medications, and for complete program details
- Income information will be collected

Boys & Girls Club of Greater Kalamazoo (as of 4/20/20)

Contact: 269-349-4485; 915 Lake Street, Kalamazoo; info@bgckzoo.org

- Food and Supplies distributed every Friday 11 am at all 3 club locations:
 - 915 Lake Street, Kalamazoo
 - 1000 West Paterson Street, Kalamazoo (Douglas Community Center)
 - 2433 Gertrude Street, Kalamazoo, Northeastern unit
 - Food, toilet paper, soap, feminine hygiene products

Comstock Community Center (as of 4/20/20)

Contact: 269-345-855; www.comstockcc.com
6330 King Highway, Kalamazoo

- Delivering food and prescriptions to home-bound seniors living on the east-side of Kalamazoo
- Call for food or prescriptions - leave your name, number of people in your household and a phone number

Get Help at Goodwill (as of 4/17/20)

Contact: 269-422-0327 - call or text or gethelp@goodwillswmi.org

- This service is designed to help those that have a challenging time finding resources and filling out forms/applications/paperwork to get the help they need.
- This service is available to everyone for free
- Hours available - Monday - Thursday 8 am - 5 pm and Friday 9 am - 4 pm
- Help with:
 - Filling out and submitting applications (Not computer savvy? No computer?)
 - Finding resources (Not sure where to go to get the help you need?)
 - Navigating paperwork or the application process (Not sure how to fill out a required section?)

Alternatives of Kalamazoo (as of 4/6/20)

4200 Michigan Avenue #100, Kalamazoo

Contact: 269-359-1046

- Providing diapers, wipes, and formula for pick up on Thursday's
- Calls can be made Monday through Thursday between 10 am-2 pm

South County Community Services (as of 4/3/20)

606 Spruce Street, Kalamazoo

Contact: 269-649-2901, southcountycs.com

- Serving the southern Kalamazoo County areas
- Emergency assistance with utility bills and rent
- Call contact number (above) and talk to Austin
- Some guidelines have been relaxed, particularly people affected by COVID-19
- Business Hours Monday - Thursday, 9 am - 5 pm

Laundry Assistance Project - Mothers of Hope/Shequita Lewis (as of 4/16/20)

Contact: (call or text) 269-218-8585

- Laundry card and detergent available to families with children in Kalamazoo Public Schools - *while supplies last*
- To qualify, everyone must complete the COVID-19 survey

Pet Food Bank - Kalamazoo Humane Society (as of 4/17/20)

Contact: [Pet Food Bank](#); 3661 Easy Street, Kalamazoo, 269-345-1181

- Tuesdays and Thursdays, 10 am - 3 pm
- Emergency Pet Food Bank is a temporary assistance program that helps pet owners provide essential supplies for pets during a short-term hardship
- Provides dry dog food, cat food, and cat litter. Other supplies may be provided as available.

Christian Neighbors

282 12th Street, Plainwell

Contact: 269-685-4166, christianneighbors.org

- Serve Plainwell, Otsego and Martin school districts
- Hours:
 - Monday - 10 am - Noon and 4 pm - 6 pm
 - Tuesday - 10 am - Noon and 1 pm - 4 pm
 - Wed - CLOSED
 - Thursday - 3 pm - 5 pm

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| | <ul style="list-style-type: none"> ○ Friday - 9:30 am - 11:30 am ● Assist financially with critical temporary needs in the areas of: <ul style="list-style-type: none"> ○ Rental assistance (first month's rent, security deposit, back rent, eviction) ○ Utility shut-offs or payments (preventing loss of utilities or loss of winter protection plan, fuel oil or propane) ○ Medical payment assistance (doctor visits, vision, dental, some prescriptions) ○ Prescription Costs (no pain, narcotic or controlled substances, no exceptions) ○ Landlord/Utility Vendor Mediation ○ Referral service to other human services agencies in Allegan County <p>St. Luke's Episcopal Church Diaper Bank (as of 4/20/20) 247 W Lovell Street, Kalamazoo, Contact: www.stlukeskalamazoo.org; 269-345-8553, info@stlukesdiaperbank.org</p> <ul style="list-style-type: none"> ● Distributing a week's supply of diapers and wipes to families in need ● April 21, 2020, 9 am - 12 pm, St. Luke's Episcopal Church, 247 W. Lovell Street, Kalamazoo ● Drive up to the back of the church ● Someone will collect info from you (optional) and you will receive supplies to your vehicle ● Walk-up caregivers will be handled separately ● Please no congregating in groups, maintain 6 ft distance ● Limit one pack of diapers per family. ● If you are ill, please send a proxy <p>Western Michigan University (WMU) Solidarity Fund (as of 4/17/20) Contact: CHHS COVID-19 updates College of Health and Human Services</p> <ul style="list-style-type: none"> ● NOT affiliated with the University in any official way ● Started by WMU employees ● Intended for WMU staff and students in need ● Apply online ● Provides up to \$100 in assistance for utility bills and other urgent needs for most student workers who have applied for aid. ● Requests for higher funding amounts are being considered on a case-by-case basis for immediate needs, such as urgently needed medications. ● Priority for funding will be given to those who may not be eligible for aid from other funds or who have exhausted those funds, especially staff and |
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international student workers who are unable to access federal and state aid programs.

- Will not be able to assist with rent assistance at this time
- Planning to help students maintain internet and phone services to continue online learning

Community Action Agency of South Central Michigan (as of 4/20/20)

Contact: 269-373-5066

- Monday - Friday: 8 am - 4 pm
- Limited assistance with mortgage payments & additional emergent needs
- Providing utility assistance through virtual intakes.
- Call contact number - they will walk through the new intake process.

Kalamazoo Neighborhood Housing Services

Contact: info@knhs.org; 269-385-2916

1219 S Park Street, Kalamazoo

- Counseling available for mortgage delinquency and/or tax delinquency
- Foreclosure Counseling

YWCA Childcare (as of 4/1/20)

353 E Michigan Avenue, Kalamazoo

Contact: Dr. Grace Lubwama, CEO, 269-345-5595

- YWCA Children's Center is open and available to families, especially essential workers

Salvation Army (as of 4/15/20)

1700 South Burdick Street, Kalamazoo

Contact: 1-800-SAL-ARMY

- Provides emergency food and personal items - call for an appointment
- May be able to assist with personal care items such as toothpaste, toothbrushes, soap, deodorant, diapers, wipes, etc.
- Emergency Utility Assistance
- Emergency utility assistance for electric, propane, natural gas, fuel oil, and water shut-offs.
- Clients must have received a shut-off notice from their utility provider. For more information about
- The Salvation Army's Social Services or to schedule an appointment with a caseworker, please contact our office at 269-344-6119.

Calhoun County

Diapers - YMCA (as of 4/21/20)

Contact: 269-963-9622

182 Capital Avenue NE, Battle Creek

- Diaper Drive-thru - Wednesdays, 11:45 am - 12:15 pm
- Drive-thru located near Penn and Cherry Street garage behind facility

CareWell Services (as of 4/8/20)

Contact: 269-441-0930, or email referrals@carewellservices.org

- Referrals for individuals in the community needing groceries, cleaning supplies, hygiene items, prescription delivery, and other basic necessities
- Intake is required to identify needs, and then CareWell sources and assigns that need to one of the groups that has been identified, as well as referrals to Food Bank, Community Action, home delivered meals, etc.
- This service is available for anyone, not just local seniors.

Income Tax Deadline Extension (as of 4/13/20)

Contact:

<https://myemail.constantcontact.com/Income-Tax-Deadlines-Extended.html?soi d=1131086442739&aid=UsJXUsZB3sg>

- The cities of Albion, Battle Creek, and Springfield have extended the deadline to file local income taxes to Friday, July 31.
- For the cities in Calhoun County, this is an extension from the original, April 30 deadline. Taxpayers do not need to file any additional forms to qualify for this automatic deadline extension.

Charitable Union (as of 3/31/20)

85 Calhoun Street, Battle Creek

Contact: 269-964-7234

- Programs available include: baby formula, baby layette, steel toed boots, workforce attire, period packs, emergency services (please call), and fire victim. Steel toed boots, workforce attire, and fire victims required the proper referral.
- Free Store services will be available curbside. Those with a phone will need to call upon arrival, complete an intake over the phone and the item(s) you need will be pulled by staff and delivered outside.
- Those without a phone can ring the Gift Shop doorbell and complete paperwork through the door.
- They are planning to be staffed Monday – Thursday 8:00-5:00 and Friday 9:00-1:00.



Rental and Utility Assistance and Veteran Programs/Community Action Agency of South Central Michigan (as of 4/1/20)

Contact: 1-877-422-2726

- Clients who are scheduled or need an appointment should call 1-877-422-2726 for instructions on how to submit documentation for the appointment.
- Because most utilities have stopped shut offs and the Governor has suspended evictions, they will only be completing intakes if the documentation can be submitted electronically and will not schedule paper intake appointments until April 14, 2020 or after.

Cass County

Southwest Michigan Community Action Agency (as of 4/1/20)

Contact: 1-877-422-2726

- Programs for emergency assistance for electric, natural gas, and deliverable fuels;

Ascension Michigan Market (Applicable to all counties)

If you are aware of additional resources and or updates to the listings below, please contact **Andy Kruse**, Community Benefit Director (andrew.kruse@ascension.org)

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| Shelters | <p>Michigan 2-1-1 <i>Call: Dial 2-1-1 (or 844-875-9211)</i> <i>Text: Text your zipcode to 898211</i> <i>Online: https://www.mi211.org/</i></p> <ul style="list-style-type: none"> Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We're here for you. Any time. |
| Food | <p>Michigan 2-1-1 <i>Call: Dial 2-1-1 (or 844-875-9211)</i> <i>Text: Text your zipcode to 898211</i> <i>Online: https://www.mi211.org/</i></p> <ul style="list-style-type: none"> Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We're here for you. Any time. <p>Pandemic Electronic Benefit Transfer (EBT) program (as of 04/13/2020)</p> <ul style="list-style-type: none"> The Michigan Department of Health and Human Services and the Michigan Department of Education will issue P-EBT benefits to current Supplemental Nutrition Assistance Program (SNAP) households and non-SNAP households, which include children eligible for free and reduced price school meals, through the State's SNAP EBT card system The State will calculate monthly benefits for each eligible child in the household equal to the daily reimbursement for free breakfast and lunch (\$5.70), multiplied by the average number of days school was canceled in the month. <ul style="list-style-type: none"> Students who are eligible for free/reduced lunches will receive additional \$193.80/child for March & April, additional \$182.40/child for May & June <p>Michigan WIC Program Expanded Food Choices (as of 04/09/2020)</p> <ul style="list-style-type: none"> To meet the needs of WIC clients during COVID-19, beginning April 1, 2020, the Michigan WIC Program is authorizing additional food choices and package sizes in the Michigan Food Guide until further notice. <ul style="list-style-type: none"> English - Click Here for a Detailed List of Changes Spanish - Click Here for a Detailed List of Changes |

- [Arabic - Click Here for a Detailed List of Changes](#)

USDA “Meals for Kids” Site Finder

- U.S. Department of Agriculture (USDA) announced the launch of an online tool – the “[Meals for Kids](#)” Site Finder – to help families find meals for children while schools are closed during the coronavirus pandemic.
- The “Meals for Kids” interactive map directs people to local sites where kids can get free meals. The site finder currently lists more than 20,000 meal sites from 23 states, and more sites will be added as states submit data each week.
- The map is available in both English and Spanish at www.fns.usda.gov/meals4kids

MDE’s Summer Food Service Program (SFSP)

- The SFSP was created to ensure that children in lower-income areas could continue to receive nutritious meals during long school vacations, when they do not have access to the National School Lunch or School Breakfast Programs.
- Use the SFSP site locator to find a SFSP site near you. <https://www.mcgi.state.mi.us/schoolnutrition/>

MDHHS Food Assistance Program (FAP) (as of 03/27/2020)

- Effective March 27, MDHHS under the direction of the Federal government, will provide an emergency allotment to address temporary food needs due to COVID-19 pandemic-related economic conditions for up to two months.
 - The emergency allotment covers the March and April benefit periods for the Food Assistance Program.
- Active FAP groups who are not currently receiving the maximum benefit amount for their group size will receive a supplement to bring their benefit amount up to the maximum amount allowed for their group size.
 - Groups already receiving the maximum monthly benefit amount will not receive an additional supplement based on Food and Nutrition Services (FNS) guidance.
 - No individual correspondence will be sent to FAP groups that are receiving this supplement.
- Notification for this supplement will be completed via a press release.

Bridge (EBT) Card

- During this time of COVID-19, Double Up is here for families with Bridge (EBT) Cards to double their food dollar for more healthy food.
- MDHHS is now accepting applications online. Go to www.michigan.gov/MIBridges to learn more.

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| | <p>Locate a Food Pantry by using the following links: http://www.pantrynet.org/ https://www.foodpantries.org/</p> |
| <p>Transportation</p> | <p>Michigan 2-1-1 <i>Call: Dial 2-1-1 (or 844-875-9211)</i> <i>Text: Text your zipcode to 898211</i> <i>Online: https://www.mi211.org/</i></p> <ul style="list-style-type: none"> Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We're here for you. Any time. |
| <p>Stress & Anxiety, Self-Help Resources</p> | <p>Michigan 2-1-1 <i>Call: Dial 2-1-1 (or 844-875-9211)</i> <i>Text: Text your zipcode to 898211</i> <i>Online: https://www.mi211.org/</i></p> <ul style="list-style-type: none"> Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We're here for you. Any time. <p>NEW! Michigan Cares (as of 04/24/2020) Contact: Website</p> <ul style="list-style-type: none"> Our Michigan Cares Portal offers Michigan families and educators FREE digital lessons designed to help students in grades K-12 develop the skills required for social, emotional, and mental well-being. The Michigan Cares Portal will be freely available to parents, students, and educators in Michigan until the end of the 20-21 school year to provide continued emotional and mental support to students as we all recover from this crisis together. Learn more: https://hubs.ly/H0pC0Sn0 <p>NEW! Sanvello (as of 04/24/2020) Contact: free Emotional Support Help Line at 1-866-342-6892; website</p> <ul style="list-style-type: none"> If you are experiencing anxiety or stress related to COVID-19, download the mobile app Sanvello, or call a free Emotional Support Help Line at 1-866-342-6892. Sanvello Health, Inc., a leading provider of digital and tele-mental health solutions to individuals, businesses and payers, announced free premium access to its digital care delivery platform. |

- This offer, available globally, makes Sanvello’s clinically validated techniques, coping tools and peer support free to anyone impacted by COVID-19 immediately for the duration of the crisis.
- Sanvello Health is a UnitedHealth Group company.

Stay Home, Stay Mindful Website (as of 04/20/2020)

Contact: [Website](#)

- Governor Gretchen Whitmer announced the Stay Home, Stay Mindful website in partnership with Headspace, a global leader in mindfulness and meditation, and the Michigan Department of Health and Human Services (MDHHS) to provide a new mental health resource for Michiganders to access for free during the COVID-19 pandemic facing both the state and nation.
- Michiganders across the state can access a specially-curated collection of science-backed, evidence-based guided meditations, along with at-home workouts that guide people through mindful exercises, sleep and kids content to help address rising stress and anxiety.
- Available at www.headspace.com/MI an internet connection is the only thing that is needed to access these tools to while you stay home and stay safe.

MDHHS Warmline For Persons With Mental Health Conditions

- The Michigan Department of Health and Human Services has established a warmline for persons with mental health conditions. The warmline will be operated by Certified Peer Support Specialists. Individuals calling the warmline will be provided with support by peers who have their own lived experience with mental health issues. They will be providing wellness supports and a listening ear.
- The warmline will operate seven days a week from 10 a.m. to 2 a.m. at 888-PEER-753 (888-733-7753). It is intended to serve individuals living with persistent mental health challenges including anxiety, depression and trauma.
- Call 1-888-PEER-753 (888-733-7753)
- For **Suicide**, contact the **Disaster Distress Helpline 24/7** at **800-985-5990** or the **National Suicide Prevention Lifeline 24/7** at **800-273-8255**.

Michigan Psychiatry Resources for COVID-19

- During these times of unprecedented uncertainty and stress, the University of Michigan’s Department of Psychiatry and University of Michigan Comprehensive Depression Center want to share COVID-19 related information in a variety of key areas.. Faculty members are working hard to provide up-to-date and practical links to helpful resources
- <https://medicine.umich.edu/dept/psychiatry/michigan-psychiatry-resources-covid-19>.



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| | <p>Specific Mental Health Conditions</p> <ul style="list-style-type: none"> • Addiction, Substance Use & Recovery • Anxiety • Autism • Bipolar Disorder • Depression • Eating Disorders • Obsessive Compulsive Disorder • Suicide Risk <p>Children & Adolescents</p> <ul style="list-style-type: none"> • Helping Kids Cope with the COVID-19 Crisis • Stay CALM during Coronavirus • Supporting Student Wellness at Home <p>Adults - General Resources</p> <ul style="list-style-type: none"> • Mindfulness & Stress • Poverty Solutions • Psychiatric Emergency Services • Workplace Mental Health |
| Personal Needs | <p>Michigan 2-1-1 <i>Call: Dial 2-1-1 (or 844-875-9211)</i> <i>Text: Text your zipcode to 898211</i> <i>Online: https://www.mi211.org/</i></p> <ul style="list-style-type: none"> • Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We're here for you. Any time. <p>NEW! State Emergency Relief (SER)</p> <ul style="list-style-type: none"> • State Emergency Relief (SER) may help low-income households pay part of their heating or electric bills, assist in keeping utilities in service, or have service restored. The program is available year-round. • Call your local Department of Health and Human Services office for information or apply on MI Bridges. • Households must apply for SER assistance prior to receiving any Michigan Energy Assistance Program services. |

NEW! The Michigan Energy Assistance Program (MEAP)

Contact: [Website](#)

- The Michigan Energy Assistance Program (MEAP) works with households to provide supplemental bill payment assistance and self-sufficiency services to low-income residents statewide.
- At the time of SER application, applicants will be able to choose a MEAP provider to work with.
- A list of organizations that deliver MEAP services can be found on the MPSC's website. MEAP grantees are all community partners with MDHHS and can help applicants to navigate the MDHHS application process

NEW! Free Internet During COVID-19 Crisis

Contact: [Website](#)

- **COMCAST -**
 - Free Wi-Fi Hotspots through Comcast <https://wifi.xfinity.com/>
 - Comcast Pauses Data Plans- All Customers Receive Unlimited Data for 60 Days
<https://forums.xfinity.com/t5/Customer-Service/Comprehensive-COVID-19-Responseto-Help-Keep-Americans/m-p/3312763>
 - Comcast Initiates No Disconnects or Late Fees
<https://forums.xfinity.com/t5/Customer-Service/Comprehensive-COVID-19-Responseto-Help-Keep-Americans/m-p/3312763>
 - Comcast Offers Internet Essentials Free to New (Low-Income) Customers for 2 Months
<https://www.internetessentials.com/covid19>
- **CHARTER**
 - Charter Communications Offers Free Spectrum Broadband and Wi-Fi Access for 60 Days to Households with K-12 and/or College Students without a Spectrum Broadband Subscription Phone Number to Enroll: 1-844-488-8395
<https://www.fox2detroit.com/news/media-companies-to-offer-free-internet-to-lowincome-families-during-coronavirus-crisis>
<https://www.businessinsider.com/coronavirus-free-spectrum-internet-wifi-offerstudent-households-promotion-2020-3>
 - Charter Continues to Offer Spectrum Internet Assist for Low-Income Households
<https://mobile.spectrum.com/support/article/360040980371/coronavirus-covid19-update>
 - Charter Opens Wi-Fi Hotspots for Public Use
<https://mobile.spectrum.com/support/article/360040980371/coronavirus-covid19-update>
 - Spectrum (Charter) does not have Data Caps or Hidden Fees
<https://mobile.spectrum.com/support/article/360040980371/coronavirus-covid19-update>

- **AT&T**

- AT&T Keeps Public Wi-Fi Hotspots Open for 60 days for any American who needs them
<https://about.att.com/pages/COVID-19.html>
- AT&T Offers Unlimited Home Internet Data
<https://about.att.com/pages/COVID-19.html>
- AT&T will not Terminate the Service of Any Wireless, Home Phone, or Broadband Residential or Small Business Customer for 60 days
<https://about.att.com/pages/COVID-19.html>
- AT&T will Waive any Late Payments for any Wireless, Home Phone, or Broadband Residential or Small Business Customer for 60 days
<https://about.att.com/pages/COVID-19.html>

- **VERIZON**

- Verizon will Waive Late Fees for 60 Days and will not Terminate a Customer's Service
<https://www.verizon.com/about/news/our-response-coronavirus>

MiMortgage Relief Partnership (as of 04/23/2020)

Contact: Call: 877-999-6442 (Toll-free); [Website](#)

- Governor Gretchen Whitmer has partnered with Michigan's financial institutions to recognize the measures being taken to ensure that no one experiencing financial hardship due to COVID-19 will lose their home during the COVID-19 crisis.
 - Providing affected borrowers with a 90-day grace period for all mortgage payments.
 - Providing relief from mortgage-related late fees and charges for 90 days.
 - Foregoing new foreclosures for 60 days.
 - Refraining from reporting adverse credit scoring information based upon the borrower's accessing relief.
 - Working with borrowers on their specific needs or concerns.
- For more information, Contact the Department of Insurance and Financial Services (DIFS): 877-999-6442 (Toll-free) Monday – Friday, 8:00 AM to 5:00 PM or email DIFScomplaints@michigan.gov

2020 Coronavirus Stimulus Payment (as of 04/15/2020)

- The vast majority of Michigan residents are eligible to receive a stimulus check from the federal government this year. Even if you have no income, you are still eligible, but need to take action to receive your stimulus payment. This includes individuals with low or no earnings who normally don't file taxes.
- You could receive up to \$1,200 for yourself (\$2,400 for a married couple) and an additional \$500 for each dependent child.

- This site will take you through the process step by step so you can get your payment as soon as possible.
- Website (best place to direct people): <https://poverty.umich.edu/stimulus-checks/>
- Fact Sheet
- FAQs
- Press Release
- Social Media assets + sample text message
- OpEd in Detroit News

Michigan Department of Labor and Economic Opportunity (as of 04/23/2020)
www.michigan.gov/uia

- Application for Unemployment benefits
 - Resources, updates, forms and process for application for Michigan unemployment benefits
- The UIA has extended call center hours by an hour every day 8 a.m. – 6 p.m. Monday-Friday and it remains open from 7 a.m. – 2 p.m. on Saturday.
- Self-employed workers, gig workers, 1099-independent contractors and low-wage workers can apply for federal benefits beginning Monday, April 13 at 8AM online at Michigan.gov/UIA. Online is the fastest and easiest way to access these benefits.
- **Online Filing** Schedule at Michigan.gov/UIA: Customers are encouraged to use off-peak times 8 p.m. – 8 a.m.
 - Last names beginning with letters A-L: file claims on Mondays, Wednesday, Fridays.
 - Last names beginning with letters M-Z: file claims on Sundays, Tuesdays, or Thursdays.
 - Saturdays will be available for anyone to accommodate those who could not file during their allotted window.
- **Call Center Filing** Schedule for 866-500-0017:
 - Last names beginning with letters A-L: call on Mondays and Wednesdays between 8 a.m. – 6 p.m.
 - Last names beginning with letters M-Z: call on Tuesdays and Thursdays between 8 a.m. – 6 p.m.
 - Fridays between 8 a.m. – 6 p.m. and Saturdays between 7 a.m. – 2 p.m. are open for anyone who could not file during their allotted days.
- **Executive Order 2020-57**
 - Expands the state's workshare program, offering more tools to employers to reduce layoffs.
 - It also extends unemployment benefits to workers who voluntarily left a job after accepting new employment but were unable to start their new position due to the pandemic.

Consumers Energy

Contact: 1-800-477-5050

- Suspending shutoffs for non-pay for low-income and senior customers beginning March 16, 2020 through May 3, 2020. Timeframes could be adjusted depending on the spread and severity of the virus
- Any customer who needs help paying their energy bill is encouraged to call the contact number

Prescription Delivery/Pick-up ALL COUNTIES

- **Walgreens:** Free prescription delivery as soon as the next day. Household essentials may be purchased through the drive thru pharmacy. (Products include: cleaning supplies and sanitizers, cough/cold, pain/fever and immunity support, select grocery items, infant formula/adult nutrition, medical supplies/first aid and paper goods.)
<https://www.walgreens.com/topic/pharmacy/prescription-delivery.jsp>
- **CVS:** Free 1-2 day delivery on prescriptions and everyday essentials through May 1. Place an order online or contact your local Pharmacy and ask for the Rx to be delivered. (Essentials include: pain relief, allergy relief, skin care, cold relief, digestive care)
<https://www.cvs.com/content/delivery>
- **Rite Aid:** Free 1-2 day delivery on medications. Contact local pharmacies.
<https://www.riteaid.com/pharmacy>

Food Delivery/Pick-up ALL COUNTIES

- **Target:** Offers free curbside pick-up on items except for perishable food.
<https://www.target.com/c/drive-up/-/N-9d42z>
- **Kroger:** Offers both delivery and curbside pick-up. Place a grocery order online and select an available time for pick-up. Fees are waived currently for pick up. \$9.95/delivery. Orders can be left at the door.
<https://www.kroger.com/i/ways-to-shop>
- **Walmart:** Offers both delivery and curbside pick-up. **No fee for pick-up. Accepts SNAP/EBT for payment.** Unlimited deliveries: \$12.95/month. Delivery: Place a grocery order online and select an available time for pick-up. <https://grocery.walmart.com/>
- **Meijer:** Offers both delivery and curbside pick-up. Pickup: \$4.95, delivery \$9.95. Place a grocery order online and select an available time for pick-up.
<https://www.meijer.com/services/more-ways-to-meijer/pickup.html>
- **Busch's Fresh Food Market:** Offers curbside pick-up for \$6.95. Place a grocery order online and select an available time for pick-up.
<https://www.buschs.com/shopping>



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| | <ul style="list-style-type: none">● ALDI: Offers both delivery and pick-up. First 3 orders of \$35 or more are free delivery; \$3.99 after. https://www.aldi.us/en/shop-now/grocery-delivery/● Sam's Club: Offers free pick-up. Some locations have a drive thru pick-up area. Place a grocery order online. https://www.samsclub.com/content/club-pickup● Gordon Food Service: Offers curbside pick-up and delivery. Free pick-up, \$9.95/delivery. Place a grocery order online and select an available time for pick-up. https://gfsstore.com/● Jimmy Johns: 16 inch loaves of bread are available to be ordered for \$2/each via drive-thru, curbside pick-up or contactless delivery. https://www.jimmyjohns.com |
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