

Healthy Minds Healthy Bodies

# RUN FOR RECOVERY

May 14, 2022



- 1 Mile Walk ----- 8:30 am
- 1 Mile Timed Kids Run ----- 8:30 am
- 5K Run/Walk ----- 9:00 am

*Virtual Run Option Available*

## WHY WE RUN:

The name "Run for Recovery" serves as a reminder that recovery from behavioral health conditions is both possible and expected! Proceeds from this event will benefit Blue Water Recovery & Outreach Center, Community Foundation and other local non-profit organizations that's share our commitment to improving the health and wellness of our community.

**REGISTER:** [run4recovery.enmotive.com](http://run4recovery.enmotive.com)

## Registration Fees:

Before April 8th: \$25  
After April 8th: \$30  
18 & under: \$15



Scan to Register



**St. Clair County  
Community Mental Health**  
*Promoting Discovery & Recovery Opportunities  
for Healthy Minds & Bodies*

Connect with us:  
810-985-8900  
[www.scccmh.org](http://www.scccmh.org)  
[facebook.com/scccmh](https://www.facebook.com/scccmh)