

**PARKS AND RECREATION**

<u>Marysville Recreation Department</u> .....	810-455-1302
<u>Port Huron Recreation Department</u> .....	810-984-9760
<u>St. Clair City Recreation Department</u> .....	810-329-7121
<u>St. Clair County Parks and Recreation</u> .....	810-989-6960
<u>YMCA of the Blue Water Area</u> .....	810-987-6400

**SEXUAL ASSAULT/DOMESTIC VIOLENCE**

<u>Carolyn's Place Shelter (BWSH)</u> .....	888-985-5538
- Text.....	810-824-7948
<u>Healing Hearts Home</u> .....	586-727-0674
<u>MDHHS Child/Adult Protective Services</u> .....	888-444-3911
<u>Michigan Human Trafficking Task Force</u> .....	888-373-7888
<u>St. Clair County Child Abuse &amp; Neglect Council</u> .....	810-966-9911

**SUBSTANCE ABUSE**

<u>Alcoholics Anonymous (AA)</u> .....	810-987-8884
<u>Blue Water Families Against Narcotics</u> .....	810-334-4867
<u>Blue Water Recovery and Outreach Center (BWROC)</u> ....	810-689-4858
<u>Catholic Charities of Southeast Michigan</u> .....	810-987-9100
<u>L.M.P.A.C.T.</u> .....	810-985-5437
<u>Huron House</u> .....	810-984-8781
<u>Michigan Narcotics Anonymous (NA)</u> .....	877-338-1188
<u>Operation Transformation</u> .....	810-966-8660
<u>Port Huron Odyssey House</u> .....	810-937-5366
<u>Professional Counseling Center</u> .....	810-984-4202
<u>Region 10 Access to Services</u> .....	888-225-4447
<u>Sacred Heart Rehabilitation Center</u> .....	810-987-1258
<u>St. Clair County Community Mental Health</u> .....	810-985-8900
<u>The Exchange - Syringe Services Program (SSP)</u> .....	810-987-5300
<u>Vision Quest Recovery Housing</u> .....	810-300-8536

**TRANSPORTATION**

<u>A Port Huron Taxi</u> .....	810-989-9719
<u>Blue Water Area Transit</u> .....	810-987-7373
<u>City Cab</u> .....	810-984-4109
<u>Council on Aging (60+) Downriver</u> .....	810-765-8570
- <u>CoA Port Huron</u> .....	810-984-4200
- <u>CoA Yale &amp; Capac</u> .....	844-289-7784

**VETERANS**

<u>Disability Network Eastern Michigan</u> .....	810-987-9337
<u>John D. Dingell VA Medical Center</u> .....	313-576-1000
- Mental Health Care.....	313-576-4891
<u>Region 10 St. Clair County Veteran's Navigator</u> .....	810-966-3755
<u>St. Clair County Department of Veterans Affairs</u> .....	810-989-6945
<u>Veteran Crisis Line (Press 1)</u> .....	988
- Hearing Loss.....	800-799-4889
<u>Yale VA Outpatient Clinic</u> .....	810-387-3211

**Quick Resources**

**INFANT AND FAMILY**

<u>Children's Special Health Care Services</u> .....	810-987-6102
<u>Community First Health Center</u> .....	810-488-8000
<u>Help Me Grow</u> .....	810-455-4009
<u>Kids In Distress</u> .....	810-326-4505
<u>Maternal Infant Health Program (MIHP)</u> .....	810-987-5300
<u>Spero Center</u> .....	810-985-4673
<u>St. Clair County Car Seat Program</u> .....	810-966-3706
<u>WIC</u> .....	810-987-8222

**YOUTH**

<u>A Beautiful Me</u> .....	810-662-3248
<u>Blue Water Community Action</u> .....	810-982-8541
<u>Boy Scouts of America</u> .....	810-982-9529
<u>Girl Scouts of Southeastern Michigan</u> .....	810-482-6734
<u>L.M.P.A.C.T.</u> .....	810-985-5437
<u>MSU Extension (4-H)</u> .....	810-989-6935
<u>National Runaway Safe Line</u> .....	800-786-2929
<u>Salvation Army</u> .....	810-985-6385
<u>SONS Outreach</u> .....	810-989-7667
<u>Teen Health</u> .....	810-987-1311
<u>The Closet by A Beautiful Me</u> .....	810-841-8828
<u>The Harbor (Ages 9-17)</u> .....	810-982-8584
<u>The Harbor Street Outreach Program</u> .....	810-982-8584
<u>YMCA of the Blue Water Area</u> .....	810-987-6400
<u>Youth For Christ East Michigan</u> .....	810-982-9551
<u>WINGS of The Harbor (Ages 16-22)</u> .....	810-989-9602

**SENIOR CITIZENS**

<u>Area Agency on Aging 1-B</u> .....	800-852-7795
<u>Blue Water Community Action (Food)</u> .....	810-982-8541
<u>BWSH - Carolyn's Place (Elder Abuse)</u> .....	888-985-5538
<u>CoA Port Huron Senior Center</u> .....	810-987-8811
<u>CoA Washington Life Center</u> .....	810-765-3523
<u>CoA Yale Senior Center</u> .....	810-387-3720
<u>Conrad Community Center (CoA)</u> .....	810-395-7889
<u>Lakeshore Legal Aid</u> .....	810-985-5107
<u>Library for Assistive Media &amp; Talking Books</u> .....	810-982-3600
<u>Meals on Wheels (CoA)</u> .....	810-987-8811
<u>Sanborn Gratiot Memorial Home</u> .....	810-985-5631
<u>Social Security Administration</u> .....	800-772-1213
<u>Sunrise PACE</u> .....	810-388-6300

**St. Clair County Help Card**



**EMERGENCY SERVICES**

<u>Police/Fire/EMS</u> .....	911
<u>Dial 2-1-1</u> .....	211
<u>CMH Mobile Crisis Unit</u> .....	810-966-2575
<u>Child/Adult Protection</u> .....	855-444-3911
<u>Domestic Violence - Safe Horizons</u> .....	810-985-5538
<u>Emergency Management</u> .....	810-989-6965
<u>OK2SAY Michigan Student Safety</u> .....	855-565-2729
<u>Poison Control</u> .....	800-222-1222
<u>Suicide &amp; Crisis Lifeline</u> .....	Call/Text 988

**COMMUNITY REFERRALS**

<u>Operation Transformation</u> .....	810-966-8660
<u>Region 10 Access to Services</u> .....	888-225-4447
<u>St. Clair County Library Referral</u> .....	810-326-4505
<u>United Way of St Clair County</u> .....	211

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SCAN THE QR CODE  
TO VIEW THE ELECTRONIC VERSION OF  
THE ST. CLAIR COUNTY HELP CARD

## COUNSELING

<u>Blue Water Counseling</u> .....	810-985-5125
<u>Blue Water Safe Horizons (BWSH)</u> .....	810-989-5246
<u>Bridge Builders Counseling &amp; Mentoring</u> .....	810-987-8772
<u>Catholic Charities of Southeast Michigan</u> .....	810-987-9100
<u>CMH Mobile Crisis Unit</u> .....	810-966-2575
<u>Colonial Woods Christian Counseling Center</u> .....	810-984-5575
<u>Community First Health Centers</u> .....	810-488-8000
<u>Eastern Michigan Counseling</u> .....	810-364-5800
<u>NorServ Group, Ltd.</u> .....	810-329-4798
<u>Professional Counseling Center</u> .....	810-984-4202
<u>Region 10 Access to Services</u> .....	888-225-4447
<u>Renewal Christian Counseling</u> .....	810-966-0099
<u>Save Our Neighborhoods and Streets (SONS)</u> .....	810-989-7667
<u>Set Apart Counseling, LLC</u> .....	810-956-9483
<u>St. Clair County Community Mental Health</u> .....	888-225-4447
<u>Teen Health</u> .....	810-987-1311
<u>The Harbor (Ages 9-17)</u> .....	810-982-8584

## DISABILITY

<u>Community Enterprises (CESCC)</u> .....	810-982-3261
<u>Disability Network Eastern Michigan</u> .....	810-987-9337
<u>Goodwill Industries</u> .....	810-987-9333
<u>Life Skills Centers Memory Care</u> .....	810-331-0030
<u>Social Security Administration</u> .....	877-895-0042
<u>St. Clair County Community Mental Health</u> .....	810-985-8900
<u>The Arc of St. Clair County</u> .....	810-989-9144
<u>Woodlands Developmental Center</u> .....	810-455-1011

## EDUCATION

### ADULT

<u>Harrison Adult Learning Center</u> .....	810-455-0029
<u>St. Clair County Community College</u> .....	810-984-3881
<u>The Culinary Institute of Michigan</u> .....	855-487-7888

### EARLY CHILDHOOD

<u>Early On</u> .....	810-364-8990
<u>Great Start Readiness Program (GSRP-Preschool)</u> .....	810-455-4009
<u>Great Start to Quality (Childcare/Preschool)</u> .....	877-614-7328
<u>Head Start/Early Head Start</u> .....	810-982-8541
<u>Help Me Grow</u> .....	810-455-4009

### GENERAL

<u>Blue Water Middle College</u> .....	810-989-5841
<u>Michigan Alliance for Families</u> .....	800-552-4821
<u>St. Clair County Library System</u> .....	810-987-7323
<u>St. Clair County RESA Administration</u> .....	810-364-8990
<u>TEC Center</u> .....	810-364-1362
<u>Virtual Learning Academy</u> .....	810-364-1362
<u>Woodlands Developmental Center</u> .....	810-455-1011

### TUTORING

<u>Harbor Impact Ministries</u> .....	810-662-3936
<u>Literacy and Beyond</u> .....	810-824-3932
<u>St. Clair County Literacy Project (x 2307)</u> .....	810-987-7323

## EMPLOYMENT ASSISTANCE

<u>Goodwill Industries</u> .....	810-987-9333
<u>Michigan Rehabilitation Services</u> .....	810-987-8571
<u>Michigan Works! Macomb/St. Clair</u> .....	810-966-3300
<u>The Unemployment Insurance Agency</u> .....	866-500-0017

## FOOD

### FOOD BANKS AND PANTRIES

<u>All Nations Church/Family Focus</u> .....	586-321-2246
<u>Blue Water Food Depot</u> .....	810-987-7886
<u>Down River Bread of Life Nutrition Center at St. Martin</u> .....	810-765-5242
<u>Faith Lutheran Church</u> .....	810-985-5733
<u>Food Bank of Eastern Michigan</u> .....	810-239-4441
<u>Full Gospel Church of God</u> .....	810-937-7789
<u>Harbor Impact Ministries</u> .....	810-662-3936
<u>Holy Family Parish Christian Service Food Pantry</u> .....	810-392-2056
<u>Salvation Army</u> .....	810-984-2679
<u>St. Clair Ecumenical Food Pantry</u> .....	810-990-4189
<u>St. John's Food Pantry</u> .....	810-984-5031
<u>St. Nicholas Catholic Church</u> .....	810-395-7572
<u>Trinity Lutheran Church</u> .....	810-984-2993
<u>Trinity United Methodist Church (Algonac Food Pantry)</u> .....	810-794-4379
<u>Yale Community Food Fund</u> .....	810-304-1309
<u>YMCA of the Blue Water Area</u> .....	810-987-6400

### FOOD/NUTRITION ASSISTANCE

<u>Blue Water Community Action</u> .....	810-982-8541
<u>Downriver Helping Hands Inc.</u> .....	810-765-3848
<u>Meals on Wheels (60+)</u> .....	810-987-8811
<u>Michigan Dept. of Health &amp; Human Services</u> .....	844-464-3447
<u>Mid-City Nutrition Program - Soup Kitchen</u> .....	810-982-9261
<u>MSU Extension Services</u> .....	810-989-6935
<u>Operation Transportation</u> .....	810-966-8660
<u>Salvation Army</u> .....	810-984-2679
<u>St. Martin Nutrition Center (Marine City)</u> .....	810-765-5242

## HEALTHCARE

<u>Ascension River District Hospital</u> .....	810-329-7111
<u>Breastfeeding Peer Counselor (WIC)</u> .....	810-987-8222
<u>Community First Health Centers - Algonac</u> .....	810-794-4917
<u>Community First Health Centers - Port Huron</u> .....	810-488-8000
- <u>Dental Clinic</u> .....	810-488-8004
<u>Hunter Hospitality House</u> .....	810-824-3679
<u>Lake Huron Medical Center North Campus</u> .....	810-216-4400
<u>Lake Huron Medical Center Port Huron</u> .....	810-216-1500
- <u>Emergency Department</u> .....	810-216-1580
<u>McLaren Hospital Port Huron</u> .....	810-987-5000
<u>Michigan Dept of Health &amp; Human Services</u> .....	810-966-2000
<u>My Community Dental Centers of Port Huron</u> .....	810-984-5197
<u>People's Clinic for Better Health</u> .....	810-985-4747
<u>Spero Center</u> .....	810-985-4673

## HEALTHCARE CONT'

<u>St. Clair County Health Department</u> .....	810-987-5300
<u>Teen Health</u> .....	810-987-1311
<u>Visiting Nurse Association &amp; Blue Water Hospice</u> .....	810-984-4131
<u>Yale Community Health Center</u> .....	810-387-3211

## HOUSING/UTILITIES

### HOUSING ASSISTANCE

<u>Blue Water Community Action</u> .....	810-982-8541
<u>Blue Water Developmental Housing, Inc.</u> .....	810-388-1200
<u>Blue Water Habitat for Humanity</u> .....	810-985-9080
<u>Housing Assessment Resource Agency (HARA)</u> .....	810-982-8541
<u>Pathways Shelter</u> .....	810-982-1020
<u>Port Huron Housing Commission</u> .....	810-984-6430
<u>Port Huron Odyssey House</u> .....	810-937-5366
<u>Sanborn Gratiot Memorial Home</u> .....	810-985-5631
<u>Society of St. Vincent De Paul Detroit</u> .....	313-393-2930
<u>The Harbor (Ages 9-17)</u> .....	810-982-8584
<u>The Harbor Street Outreach Program</u> .....	810-982-8584
<u>The Salvation Army</u> .....	810-984-2679
<u>United Way of St. Clair County</u> .....	810-985-8169
<u>Wings of the Harbor (Ages 16-22)</u> .....	810-989-9602

### UTILITIES

<u>Blue Water Community Action</u> .....	810-982-8541
<u>Housing Assessment Resource Agency (HARA)</u> .....	810-982-8541
<u>Michigan Dept. of Health &amp; Human Services</u> .....	844-464-3447
<u>Society of St. Vincent De Paul Detroit</u> .....	313-393-2930
<u>The Salvation Army</u> .....	810-984-2679
<u>United Way of St. Clair County</u> .....	810-985-8169

## LEGAL ASSISTANCE

<u>Lakeshore Legal Aid</u> .....	810-985-5107
<u>Legal Services of Eastern Michigan</u> .....	800-322-4512
<u>St. Clair County Probate Court</u> .....	810-985-2066
<u>St. Clair County Friend of the Court</u> .....	810-985-2285
<u>St. Clair County Prosecutor's Office</u> .....	810-985-2400
- <u>Victim Rights</u> .....	810-985-2301

## LGBTQ+ SERVICES

<u>LGBT National Coming Out Support Hotline</u> .....	888-688-5248
<u>LGBT National Hotline</u> .....	888-843-4564
<u>LGBT National Senior Hotline (50+)</u> .....	888-234-7243
<u>LGBT National Youth Talkline (Under 25)</u> .....	800-246-7743
<u>LGBTQ Support Group (SCCCMH)</u> .....	810-488-8849
<u>PFLAG of Port Huron</u> .....	pflagporthuron@gmail.com
<u>St. Clair County Community Mental Health</u> .....	810-985-8900
<u>The Trevor Project</u> .....	866-4-U-Trevor
<u>Transgender Michigan - Port Huron Chapter</u> .....	800-842-2954