

**ST. CLAIR COUNTY**  
**COMMUNITY SERVICES COORDINATING BODY**  
**March 15, 2023 MEETING**

**Present:**           **Chair:** D. Johnson, St. Clair County Community Mental Health Authority;  
**Vice Chair:** S. Crawford, Council on Aging;  
S. Hall, AAA 1-B; C. Watters, Blue Water Habitat for Humanity; K. Swantek, Citizen; J. Gittings, Citizen; D. Brejnak, Community First Health Centers; C. Cook, Disability Network of Eastern MI; D. Casey, EDA; T. Spencer, Goodwill Industries; B. Hanneke, Harbor Impact Miniseries; S. Bednar, Harbor; L. Hammond, Harbor; M. Michaluk, Lake Huron Foundation; K. DiNardo, McLaren Port Huron; M. Wojnarowicz, MDHHS; S. Mid City Nutrition A. Austin, MIWorks!; E. O'Brien, MIWorks!; C. Eveningred, Norserv; A. Seppo, Operation Transformation; K. Heuvelman, PH Odyssey House; A. Fay, PH Odyssey House; J. Platzer, PHPD; M. Caza, Professional Counseling Center; R. Alley, RESA; J. Baldwin, SCC BOC; K. Gallagher, SCC CMH; J. Michaluk, SCC Health Department; M. Mercatante, SCC Library System; S. Kivel, Touchstone Services Inc.; B. Gillette, United Way;

**Staff Support:**   A. Smith & B. Murdick – SCCCMHA

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- I.     **Welcome, Introductions**  
Ms. Deb Johnson welcomed and asked for everyone to introduce themselves and state what organization they are from.
- II.    **Agenda Changes**  
Ms. Deb Johnson asked if there was any agenda changes at this time. Hearing none, meeting moved forward.
- III.   **Acceptance of January 2023 Meeting Minutes**  
Ms. Debra Johnson asked if there were any corrections or additions to the January 2023 CSCB Full Body meeting minutes. Ms. Kathy Swantek moved to approve the minutes, seconded by Mr. Brent Gillette.  
**MOTION CARRIED**
- IV.    **Organizational Presentations (15 minutes each)**
  - A.   **Dementia & Alzheimer's Association**  
Ms. Deb Johnson announced there was a recent name change to the association. It was noted there is an Inaugural Dementia & Alzheimer's Association Luncheon on May 24, 2023. She noted the first recipient of the "Marcia Haynes Advocate of the Year" Award will be recognized. Ms. Johnson also noted they are holding their 7<sup>th</sup> annual Alzheimer's Walk/ 5K Run on September 24, 2023. It was announced that the association is looking for a part time director that can work up to 30 hours/month.
  - B.   **CMH Program Updates**  
Ms. Kathleen Gallagher gave a brief overview of CMH services. She explained that CMH will be holding their annual awards event on May 5, 2023 and will be recognizing a few CSCB Full Body members. She also explained how CMH now has a new after-hours phone company. Ms. Gallagher gave an overview of the Individual Placement & Support Program (IPS) and Opportunities for Success (OFS). She explained that the IPS program is a program that can help CMH individuals with a serious mental illness get a job in the community. OFS is a program for people with mild or moderate - intellectual/Developmental Disabilities who want to work at a job in the community. Individuals in both programs will be taught skills that will help them in interviews. Ms. Gallagher reminded everyone that CMH has a free in-person mobile crisis line that is open 24/7. (810) 966-2575 can be called to reach the

crisis line. Ms. Kathleen Gallagher explained there is a new therapy benefit for St. Clair County residents called Talkspace. She explained it is a free 3 month mobile phone app for St. Clair County residents 14 and older. Talkspace allows an individual to have unlimited messaging as well as the option to schedule one live session per month with a Talkspace therapist.

V. **Emerging Issues (5 minute)**

**A. Homeless Shelter Update**

Ms. Kathy Swantek explained there is a Men's Temporary Warming Center that is located at 2023 Church St in Port Huron. The shelter will remain opened through the end of April. 30 beds are available. Entry to the warm shelter starts at 6:00PM with the dismissal at 7:00AM. Ms. Swantek explained they are currently running under budget and the relationship with the surrounding neighborhood is really good. The warming shelter has a van that can shuttle. It was explained that this is a temporary fix, and they are still looking for a permanent shelter.

**B. Pop-up Mobile Food Pantries**

Ms. Amy Smith noted there were not any pop-up pantries in Port Huron for the month of April. She asked if anyone would like to support a mobile food pantry.

VI. **CSCB Updates (30 minutes)**

**A. Steering Committee**

**a. 2022 Final Expense Report**

Ms. Johnson reviewed the final 2022 Expense Report with the committee.

Mr. Scott Crawford moved to approve the 2022 Expense Report seconded by Mr. Andrew Seppo.

MOTION CARRIED

**b. 2023 Steering Committee Goals**

Ms. Johnson reviewed the steering committee's goals, objectives and strategies for 2023.

**c. CSCB Website**

Ms. Amy Smith gave a brief walk through of the CSCB website.

**B. Workgroup Updates**

**a. Business Resource Network**

Ms. Ann Austin explained she is currently trying to work with the Blue Water Human Resources group. She explained that the BRN workgroup is looking to extend their members.

**b. Early Childhood**

Ms. Riley Alley noted they were awarded a new Regional Child Grant. She explained that St. Clair County is going to try and partner with the thumb. She explained that a partnership with an organization will help. Ms. Riley explained free universal preschool in the state of Michigan. Ms. Riley explained it would be extremely helpful if all providers were to offer free pre-school. She also noted that registration is now open, and all families should apply.

**c. Housing Workgroup**

Ms. Kathy Swantek noted the Community Resource Fair is May 10<sup>th</sup> from 10:00AM-1:00PM. Ms. Swantek asked everyone to take a flyer to hang up at their organization. Mid-City Nutrition is providing lunch.

**d. Substance Use Disorder PTR**

Mr. Ken Heuvelman noted the workgroup is currently looking at data. EMS Naloxone usage has increased in 55 years old and older. It is in discussion to change the point of education. Mr. Heuvelman noted they are looking to get a speakers guide in place along with a SUD resource guide.

**e. Adolescent Services**

Ms. Amy Smith noted there will be a mini-survey sent out to collect data with adolescents.

VII. **Additional Agenda Items (15 minutes)**

Ms. Misty Wojnarowicz noted Medicaid redeterminations would start to happen in June. Food Stamp amounts have gone down.

Mr. Heuvelman noted there naloxone kits are always available along with trainings if ever needed.

It was noted the Suicide Prevention Committee has a new build boards, and are focusing on younger ages.

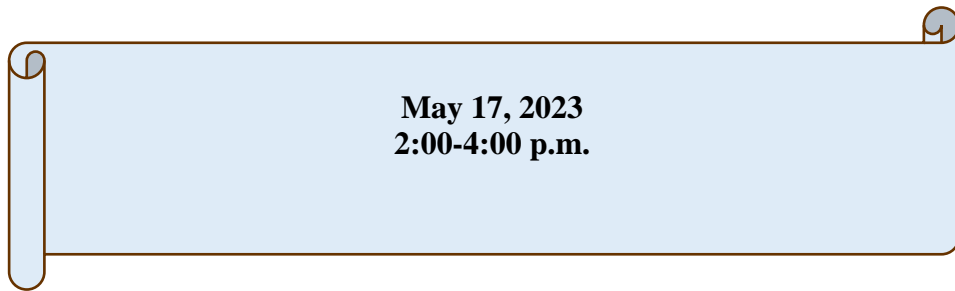
United Way will be having a breakfast at Freighter's starting at 6:00AM on 3/17/2023

**VIII. Announcements**

Run for Recovery – May 13, 2023 8:30AM

Spero Center- Pregnancy, Infant Care, & Parenthood Classes are available.

**Next Meeting:**



**Adjournment**

With no further business to address, Ms. Debra Johnson adjourned the meeting at 3:20 p.m.

Respectfully Submitted by,

Reviewed and Approved by,

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Bethany Murdick  
Recording Secretary

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Debra Johnson  
Chair