



**St. Clair County  
Community Mental Health**  
*Promoting Discovery & Recovery Opportunities  
for Healthy Minds & Bodies*

[www.scccmh.org](http://www.scccmh.org)



# VETERANS WALKING GROUP

**Open to all current and former  
service members and their families.**

Join this casual, social group of fellow military members for exercise and camaraderie. No registration required, just come as you are.

**WEDNESDAYS**

**10:00 AM**

**Birchwood Mall  
Fort Gratiot**

**Beginning  
November 1**

**The group meets at the carousel by the food court.**

**COME AND JOIN US!**

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#### Questions?

Contact Veteran Navigator, Wendy Martindale  
at [wmartindale@scccmh.org](mailto:wmartindale@scccmh.org) or (810) 966-3755

