

**St. Clair County Community Services Coordinating Body
Adolescent Services Workgroup Speakers Bureau**

Updated 3/13/24

Presentation Topic or Title	Target Audience	Presentation Information: Length, Cost, etc.	Organization Name/Contact Person	Notes
Autism				
Autism	General Professionals	as requested No Cost	St. Clair County Community Mental Health Jessica Moller 810 488 8855 jmoeller@scccmh.org	
Crisis Support				
Mobile Crisis Unit	General Professionals Youth	as requested No Cost	St. Clair County Community Mental Health Leslie Brown 810-956-4535 lbrown@scccmh.org	
Critical Incident Stress Management	First Responders Schools Businesses Organizations Community	Hour - Hour and a half No Cost	St. Clair County Community Mental Health Amy Smith or Kathleen Gallagher 810 363-9036 or 810 966 -7857 asmith@scccmh.org or kgallagher@scccmh.org	One on One or group intervention, larger group session when tragedy occurs
Education				
Community Awareness-Overview of Council's prevention programs, services and child abuse stats/etc.	General Community	30-60 mins (can vary per request) No Cost	St. Clair County Child Abuse/Neglect Council Sherry Archibald 810-966-9911 sarchibald@sccstopchildabuse.org	Small Group
Domestic Violence 101	Professional Survivors All	30-45 Minutes No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
Five Love Languages for Adults		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	
Marriage Basics		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	
Person Body Safety	Pre K - 5 year olds	20 minutes approx. No Cost	St. Clair County Child Abuse/Neglect Council Lindsay Chopp 810 966-9911 edu@sccstopchildabuse.org	Safe & unsafe touches, body empowerment, how to get help in unsafe situations

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SHARE (Sexual Health and Relationship Education)	Middle/High School Students	8 Sessions of 45-60 minutes No Cost	Spero Pregnancy Center Leann Clink (810) 985-4673 nurse@bluewaterbabies.org	Healthy relationships, sexual choices, life skills. Age appropriate interactive program. Sourced from CDC, NIH, Medical Institute for Sexual Health.
Social Media	middle/high school students	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	Discuss prevalence of social media, effects on physical/mental health, safety and tips for reducing screen time.
Social Media Etiquette	Girls / Grades 6-12	60-90 minutes 750	A Beautiful Me Karen Palka 586-604-3037 karen@abeautifulme.com	Includes facilitator and all materials
Stewards of Children Training-Learn signs of child abuse, how to prevent it and how to report	Youth Serving Organizations, General Community	60 mins No Cost	St. Clair County Child Abuse/Neglect Council Lindsay Chopp 810-966-9911 edu@sccstopchildabuse.org	Small group
The Value of Mentoring		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	
Value of Partnership with the Faith Community		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	
Youth/Young Adult 9 - 21 Years Old - Runaway and Homelessness	any	any No Cost	The Harbor Street Outreach, Harbor & Wing of the Harbor Lakena Hammond Cell 810 334-6007 Office 302 982-8584 lhammond@harboryough.com	Presentation about The Harbor, Wings of the Harbor, Harbor Street Outreach
CMH Children's Programs - an Overview	General or Professionals	as requested No Cost	St. Clair County Community Mental Health Heidi Fogarty 810-488-8845 hfogarty@scccmh.org	
Legal				

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Legal Advocacy	Professional/Survivors/All	20-30 Minutes No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
Mental Health				
Managing Workplace Relationships	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	PowerPoint Presentation
Childhood Depression	General or Professionals	as requested No Cost	St. Clair County Community Mental Health Melissa Hunt 810-488-8860 mhunt@scccmh.org	
Childhood Trauma	General or Professionals	as requested No Cost	St. Clair County Community Mental Health Rob Perrin 810-488-8843 rperrin@scccmh.org	small group format
Early Childhood Mental Health	General or Professionals	as requested No Cost	St. Clair County Community Mental Health Christina Howard 810-488-8870 choward@scccmhh.org	
LEADSTM – Linking Education and Awareness of Depression and Suicide	high school students	3 lessons No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Mental Health First Aid (Youth and Adult Modules)	General or Professionals (not geared towards clinical mental health professionals)	8 hours total No Cost	St. Clair County Community Mental Health Adrienne Luckenbacher 810-966-3531 ALuckenbacher@scccmh.org	
Motivational Interviewing	Professionals	as requested No Cost	St. Clair County Community Mental Health Adrienne Luckenbacher 810-966-3531 ALuckenbacher@scccmh.org	
Overview and Accessing Services	General or Professionals	as requested No Cost	St. Clair County Community Mental Health Deb Johnson (810) 966-3531 ALuckenbacher@scccmh.org	

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PMTO (Parent Management Training Oregon model)	General or Professionals	as requested No Cost	St. Clair County Community Mental Health Kerrie Kozloff 810-488-8872 kkozloff@scccmh.org	Evidenced based best practice approach that recognizes the vital role parents play as being the primary change agents within their family.
Suicide Prevention	General, Professionals, youth	as requested No Cost	St. Clair County Community Mental Health Adrienne Luckenbacher 810-966-3531 ALuckenbacher@scccmh.org	
Trauma / Trauma-Informed Care	Professional/Survivors/All	30-60+ Minutes No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
What is Mental Health - an overview	General, Professionals, youth	as requested No Cost	St. Clair County Community Mental Health Adrienne Luckenbacher 810 966-3531 aluckenbacher@scccmh.org	
Personal safety				
Blue Water Safe Horizons Services Scope of Services	Professional/Survivors/All	1 hr - 1hr 1/2 No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
Child Safety Matters-Abuse prevention/cyber safety/body empowerment	K-5th grades	60 minutes (2x per class) No Cost	St. Clair County Child Abuse/Neglect Council Lindsay Chopp 810-966-9911 edu@sccstopchildabuse.org	small group/classroom
Contraception 101	high school students	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Elder Abuse/ Advocacy	Professional/Survivors/All	20-30 Minutes No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
Faith Based Issues (various topics)		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	

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NorServ - About Our Services	Outpatient Mental Health / School Success Program Services	20 Minutes No Cost	NorServ Group, Ltd. Courtney Eveningred 810-329-4798 ceveningred@norserv.com	
Personal Mission Statement	Girls / Grades 9-12 Men & Women / Adult	60 minutes 750	A Beautiful Me Karen Palka 586-604-3037 karen@abeautifulme.com	Includes facilitator and all materials
Safety Jeopardy	7th - 12th Grade health classes	1 hour No Cost	St. Clair County Child Abuse/Neglect Council Lindsay Chopp 810 966-9911 edu@sccstopchildabuse.org	Abuse prevention, cyber safety, body empowerment
Sexual Assault 101	Professional/Survivors/All	30-45 Minutes No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
Stalking Awareness	Professional/Survivors/All	20-30 Minutes No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
Teen Dating Violence	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	PowerPoint Presentation
Teen Dating Violence	Professional/Survivors/All	30-45 Minutes No Cost	Blue Water Safe Horizons Maegan Swecker 810-989-5246 ext. 310 swecker@bwsh.org	
Teen Safety Matters-abuse prevention/cyber safety/body empowerment	6th Grade	60 minutes (2x per class) No Cost	St. Clair County Child Abuse/Neglect Council Lindsay Chopp 810-966-9911 edu@sccstopchildabuse.org	small group/ classroom
Physical Health				
Basic First Aid	middle/ high school students	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	

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Distracted Driving	high school students	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Healthy Communication	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	PowerPoint Presentation
Puberty	elementary/early middle school	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Allergies and Asthma: What Schools Need to Know	Educators	1 session No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Healthy Lifestyles	Middle / High School Students	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl 810 987 - 1311 aseidl@stclaircounty.org	Topics include: sleep, diet, scitivity, etc.
Sexually Transmitted Diseases	middle/high school students	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Taking control of your health - health insurance, primary care, talking to the doctor	high school students/young adults	1 Session No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-5300 aseidl@stclaircounty.org	
Relationship Building & Communication Skills				
Communication Levels		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	
Five Love Languages for Children		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	
Head Lice, Bed Bugs, Scabies, management and prevention	Educators, other organizations	1 session No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	

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How to Talk to Teens: For Parents	adults	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	Topics include: discussing sensitive topics like sex, substance use, relationships, & mental health
Impact of Fatherlessness on Adolescents		20-30 minutes, but we're flexible No Cost	Operation Transformation Andrew Seppo 810-966-8660 aseppo@optrans.org	
Mandated Reporter Training	Specifically for Mandated Reporters	30-60 mins (can vary per request) No Cost	St. Clair County Child Abuse/Neglect Council Lindsay Chopp 810-966-9911 edu@sccstopchildabuse.org	Small Group
Never Shake a Baby/Safe Sleep-Dangers of shaking a baby, unsafe sleep environment and tips of how to keep baby safe.	7th-12 grade and General Community	30 mins No Cost	St. Clair County Child Abuse/Neglect Council Lindsay Chopp 810-966-9911 edu@sccstopchildabuse.org	small group/classroom-generally presented in Health Class
Self Esteem				
"You're More Than You Think You Are" for Community Groups or InService CEU	Men & Women / Adult	60 minutes 750	A Beautiful Me Karen Palka 586-604-3037 karen@abeautifulme.com	Includes facilitator and all materials
"You're More Than You Think You Are" for Girls	Girls / Grades 5-12	60 minutes 750	A Beautiful Me Karen Palka 586-604-3037 karen@abeautifulme.com	Includes facilitator and all materials
Substance Use				
Vaping Cessation	middle/high school students, adults	1 lesson No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Vaping/E-Cigarettes Education	Middle School or High School, parents or teachers	1 session No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Harmful Effects of Alcohol	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	PowerPoint Presentation

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Harmful Effects of Marijuana	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	PowerPoint Presentation
Harmful Effects of Nicotine	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	PowerPoint Presentation
Addiction/ Substance Use Disorders	General, Professionals, youth	as requested No Cost	St. Clair County Community Mental Health Cheri Jessup 810-966-7827 cjessup@scccmh.org	
Emerging Drug Trends	Parents, educators	1 session No Cost	St. Clair County Health Department Alyssa Seidl (810) 987-1311 aseidl@stclaircounty.org	
Harmful Effects of Opioids	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	
Harmful Effects of Stimulants	11th-12th grade	60 min No Cost	I.M.P.A.C.T. Michael Thomas 810-637-4454 mthomas@impactph.org	
Transportation				
Public Transportation in our area	Middle & high school students; educators; professionals; general	20 – 30 minutes or as needed No Cost	Blue Water Area Transit Lee-Perry Belleau 810-987-7373, ext 128 lbelleau@bwbus.com	Materials supplied: route maps/schedules, etc.