HELP STOCK LOCAL FOOD PANTRIES

When groceries don't stretch far enough, local food banks, pantries, and soup kitchens help fill the gap. Your donation of shelf-stable, nutritious items makes a big difference for families in our community.

Pantry Basics

- Shelf-stable milk
- Cooking oil
- Sugar, flour, or cornmeal
- Baking mixes (pancake, muffin, cornbread)
- Basic spices (salt, pepper, cinnamon, garlic powder, etc.)

Whole Grains

- Brown or white rice
- Pasta
- Oats or oatmeal
- Cereal

Protein

- Canned tuna, chicken
- Peanut butter (plastic jars preferred)
- Canned beans (black, pinto, kidney, chickpeas)
- Canned chili or hearty soups with meat or beans

Fruits & Vegetables

- Canned vegetables
- Canned fruit (in juice or light syrup)
- Tomato products (sauce, diced, crushed, pasta sauce)

Soups/Meals

- Canned soup or stew
- Boxed pasta dinners or meal kits
- Instant potatoes
- Macaroni & cheese

Other Helpful Items

- Baby food or formula (check dates)
- Kid-friendly snacks (granola bars, fruit cups, applesauce)
- Condiments (jelly, ketchup, mayo in shelf-stable containers)

Donation Tips

- Check expiration dates. **Please, no expired food.**
- Choose plastic over glass when possible.
- Smaller sizes help more families than large bulk items.
- No homemade or perishable foods unless otherwise noted.

Want to donate to a local food pantry or soup kitchen? Scan the QR code to see local providers within St. Clair County .

www.cscbinfo.org/food-distribution